



LEEDS
BECKETT
UNIVERSITY

Citation:

Seims, A and White, A and Taylor, T and Newton, R (2017) The state of men's health in the city of Leeds: using evidence to commission gender-sensitive services. In: PHE York and Humber sector-led improvement conference – Making the link: evidence and practice, 17 February 2017, Principal York Hotel, York.

Link to Leeds Beckett Repository record:

<https://eprints.leedsbeckett.ac.uk/id/eprint/3566/>

Document Version:

Conference or Workshop Item (Published Version)

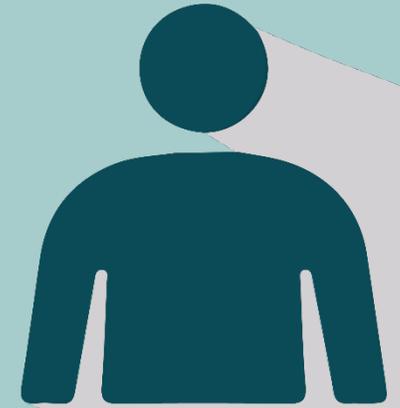
The aim of the Leeds Beckett Repository is to provide open access to our research, as required by funder policies and permitted by publishers and copyright law.

The Leeds Beckett repository holds a wide range of publications, each of which has been checked for copyright and the relevant embargo period has been applied by the Research Services team.

We operate on a standard take-down policy. If you are the author or publisher of an output and you would like it removed from the repository, please [contact us](#) and we will investigate on a case-by-case basis.

Each thesis in the repository has been cleared where necessary by the author for third party copyright. If you would like a thesis to be removed from the repository or believe there is an issue with copyright, please contact us on openaccess@leedsbeckett.ac.uk and we will investigate on a case-by-case basis.

The state of men's health in the city of Leeds: using evidence to commission gender-sensitive services



Dr Amanda Seims @DrAmandaSeims

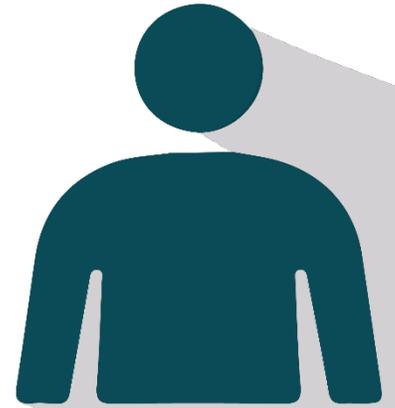
Prof Alan White @ProfAlanWhite

Centre for Men's Health, Leeds Beckett University @MensHealthLeeds

Tim Taylor, Public Health, Leeds City Council

Robert Newton, Policy Lead, NHS England @RobNewton15

Introduction



- Men's Health identified as a gap in the Joint Strategic Needs Assessment for Leeds
- The 'State of Men's Health in Leeds' was commissioned by Public Health in response
- Leeds Beckett university researchers worked closely with commissioners to design the study
- The first detailed study at a citywide level in the UK

Methodology

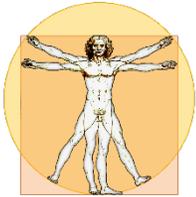


- Literature review
- Analysis of current policies and practices within the City of Leeds
- Interviews with key council stakeholders
- Analysis of routinely collected health, socio-economic and service use data (at city and across 107 MSOAs)

Factors influencing the health of men



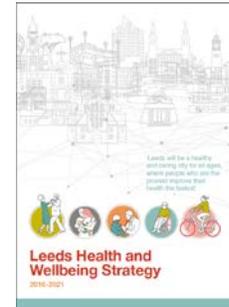
The male body and physical sex-differences



Intersectional factors



Structural factors



Lifestyle



shutterstock - 143663491

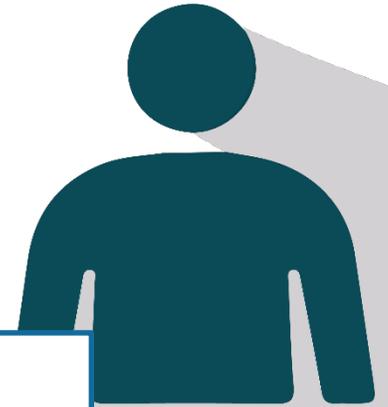
Social determinants



Masculinities



Premature mortality



Life expectancy at birth across Leeds

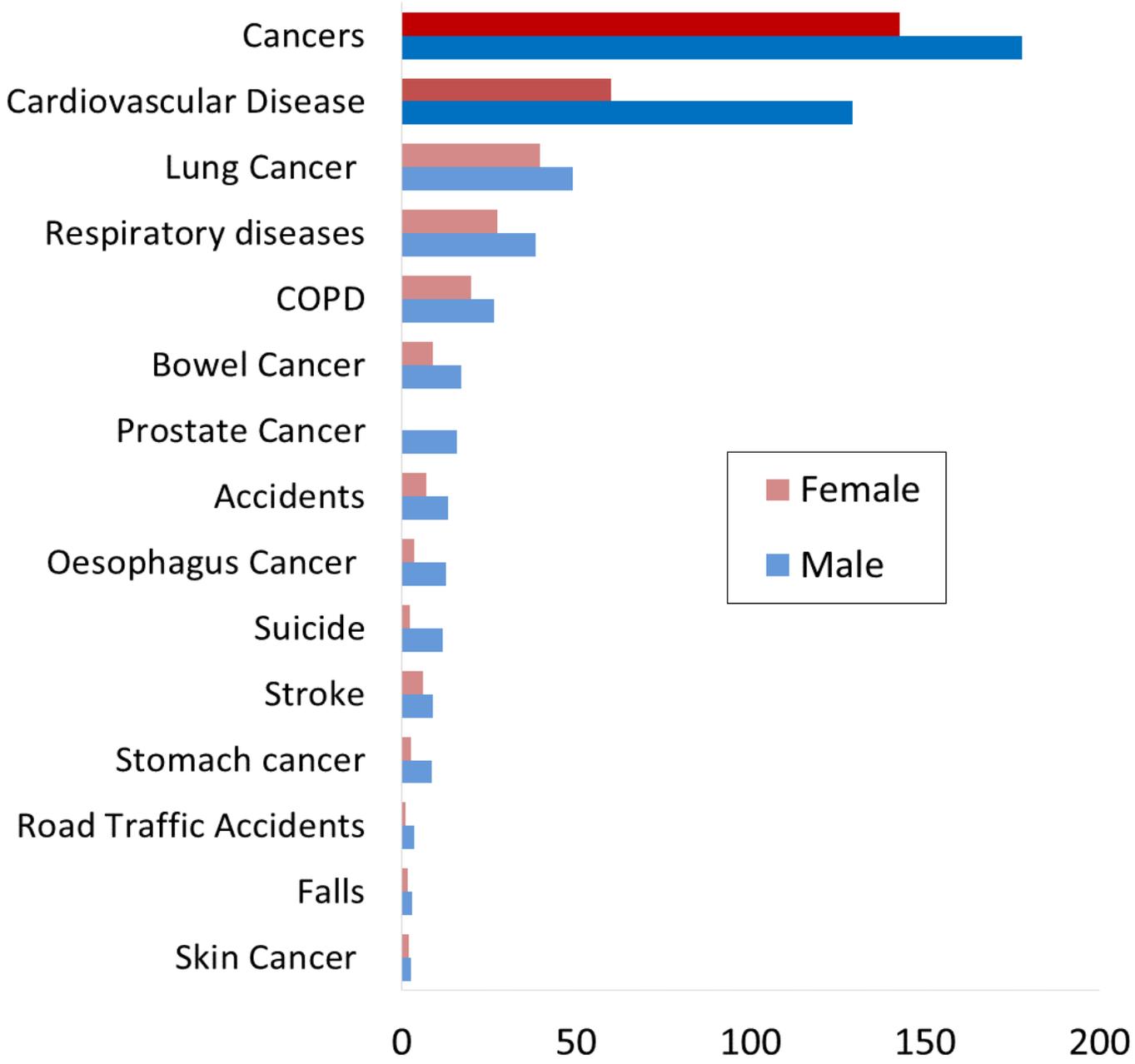
78.9 years for men (range of 74.8 to 85.0 years)

82.4 for women (range of 76.8 to 88.5 years)

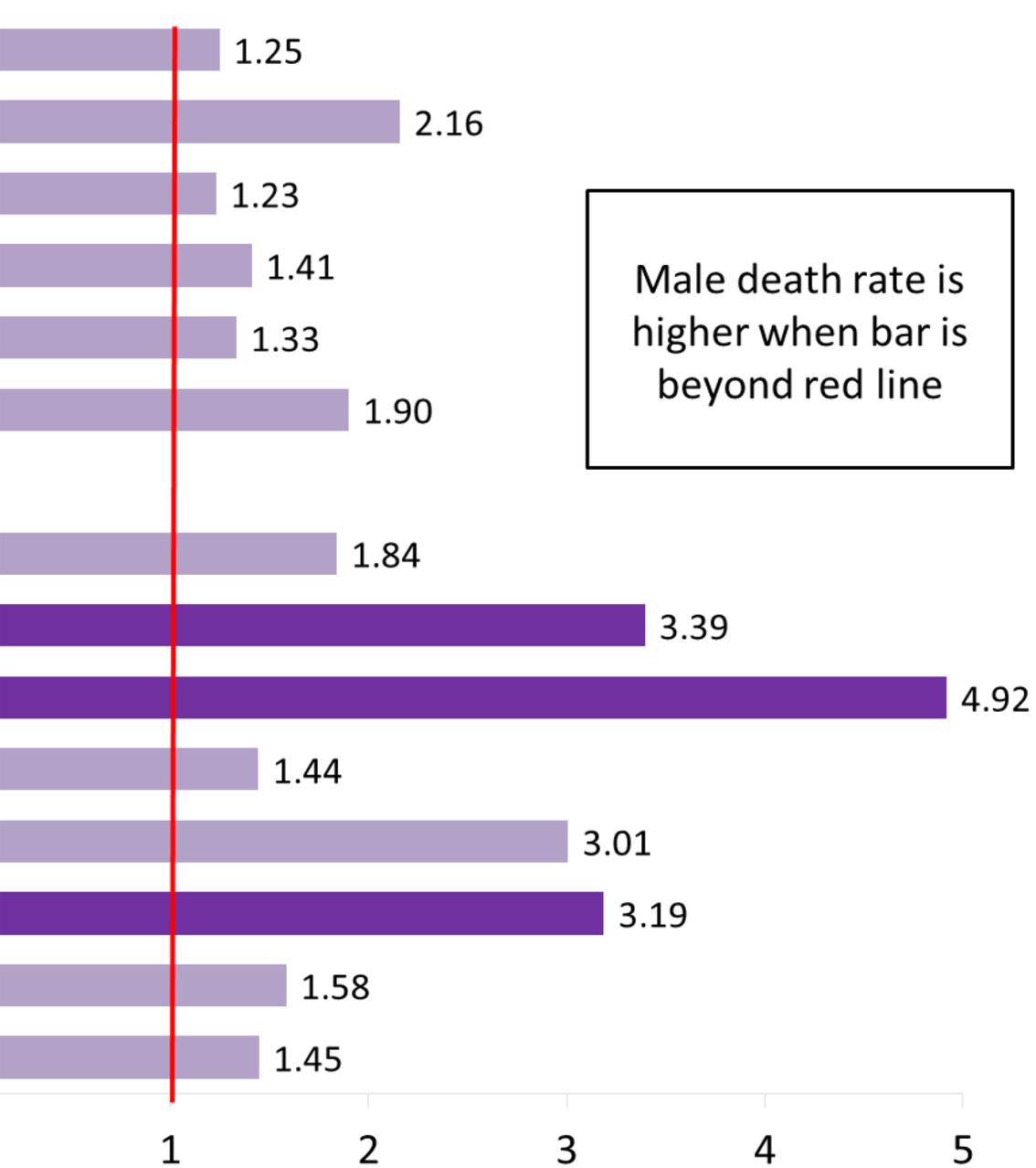


20% of male deaths in Leeds occur under the age of 65 years compared to 12% of female deaths

Common causes of death for males and females in Leeds (U75)



Ratio of male death rate to female death rate (U75)



Male death rate is higher when bar is beyond red line

Death rate (per 100,000 of the male/female population)

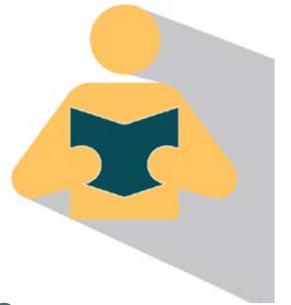
Ratio of death rate

Social determinants

From early years, boys educational attainment is worse than girls. In five MSOAs, 70-75% of boys not achieving five or more GCSEs (inc maths and English) at grade A-C.

In 10 MSOAs, $\geq 30\%$ men with no qualifications (8 of these also top 10 for long-term unemployment)

Excluding students, there are nearly 70% more men than women in Leeds registered as unemployed



Men make up nearly two thirds of residents in the city's council-owned high-rise flats

Lifestyle (16-64)

OF THOSE ASKED:

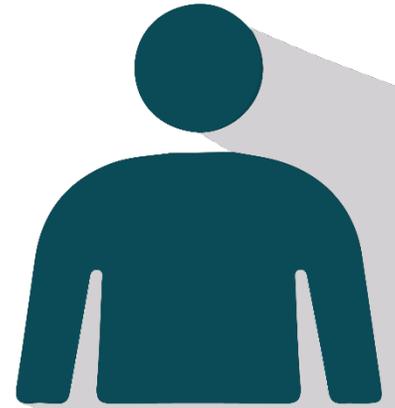
- More likely to be overweight, smoke and consume harmful levels of alcohol than women
- 40% of men classed as inactive (48% women)
- In at least 10 MSOAs, over 40% of males smoked

BUT

- Less known about smoking and weight status of men compared to women
- Lower knowledge of alcohol status in local areas where men were at most risk of harm from alcohol

AND

- Less likely to use smoking cessation and weight management services than women (although more likely to succeed when they do go)



City Centre New Farnley, Lower Wortley
 Aberford, Barwick, Lotherton and Thorer Upper Wortley Fearnville, Hollin Park, Beechwood, Brooklands
 Seacroft North Seacroft South Holbeck, Morley West
 Little Woodhouse, East Ardsley, Bramham, Boston Spa and Clifford
 Brackenwood and Gledhow
 Bramley Hill Top, Raynville and Wyther Park
 West Hunslet and Hunslet Hall
 Burley Bramley Whitbeckote
 Gamble Hill, Moorside Horsforth Central Hyde Park, Burley
 Armley, New Wortley Morley East Halton Moor, Wykebecks
 Halton, Whitkirk Pudsey - Waterloos, Tyersals, Westroyds Belle Isle South Osmondthorpe, East End Park, Drighlington and West Gijdersome
 Harehills - Comptons, Sutherlands and Nowells Tinshill Swarcliffe Harehills
 East Gforth Rounding Park
 Lincoln Green and Ebor Gardens Swillington, West Garforth and Little Preston
 Kippax Oakwood and Gipton Wood Adel Alwoodley West Wetherby West Chunwell Swillington, West Skarvingly, Rodley Garforth and Little Preston
 Middleton and Westwoods Yeadon - Henshaws, Southway, Westfields
 Harehills Triangle Wetherby East, Thorp Arch and Walton Middleton and Westwoods
 Belle Isle North Headingley Central Cross Green, East End Park and Richmond Hill
 Pudsey Central, Littlemoor
 Meanwood "6 Estates" Beeston Millshaw, Elland Road and Cottingley Gipton South Moor Allerton Allerton Bywater, Methley and Mickleton
 Hyde Park, South Headingley and Woodhouse
 Crossgates and Killingbeck
 Broadleas, Ganners, Sandfords Beeston Hill Hunslet Green, Stourton, Thwaite Gate
 Ireland Wood, Lawnswood Hawthornthwaite Wood Gipton North Bramley Otley - Newalls / Weston Lane
 Little London, Sheepscar Yeadon - Rufford Park, Yeadon Tarn Chapeltown
 Wellington Hill, Whinmoor and Red Hill Wetherby Cookridge, Holt Park
 Scarcroft, Scholes and Shadwell Wellington Hill, Whinmoor and Red Hill Farnley Carlton, Robin Hood N, Rothwell Haigh, Roys Lane

Key messages

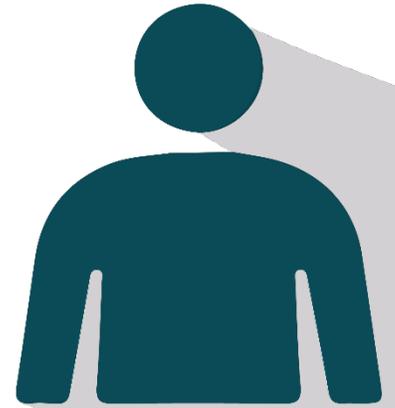
All services need to ensure they are meeting the needs of men to meet the requirement of the Equality Act

Strategies, equality impact assessment and service specifications should consider gender

Better gender data recording is important to identify areas of greatest need



Progress since report



- This research influenced healthy living, community health development and preventative cancer service specifications
- Scrutiny Board
- PHE engagement
- Leeds Clinical Senate
- 3rd Sector events
- Council HR supporting their men working in manual jobs

Conclusion



Leeds is a city with great variance in the health and wellbeing of its men, with areas of high deprivation seeing very different health challenges than for men living in the more affluent suburbs

Local government can provide leadership across a city but other key organisations must also take action

The next important step is for us to explore the narrative behind the data

To find out more and download the summary, main and data report please visit:

<http://www.leedsbeckett.ac.uk/research-case-studies/the-state-of-mens-health-in-leeds/>

Professor Alan White, Leeds Beckett University
Dr. Amanda Seims, Leeds Beckett University
Robert Newton, Leeds Beckett University & Leeds City Council



Dr. Amanda Seims, Leeds Beckett University
Professor Alan White, Leeds Beckett University

