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From apprentice to research colleague:
personal reflections on steering a
passage through the choppy waters of
post-doctoral research



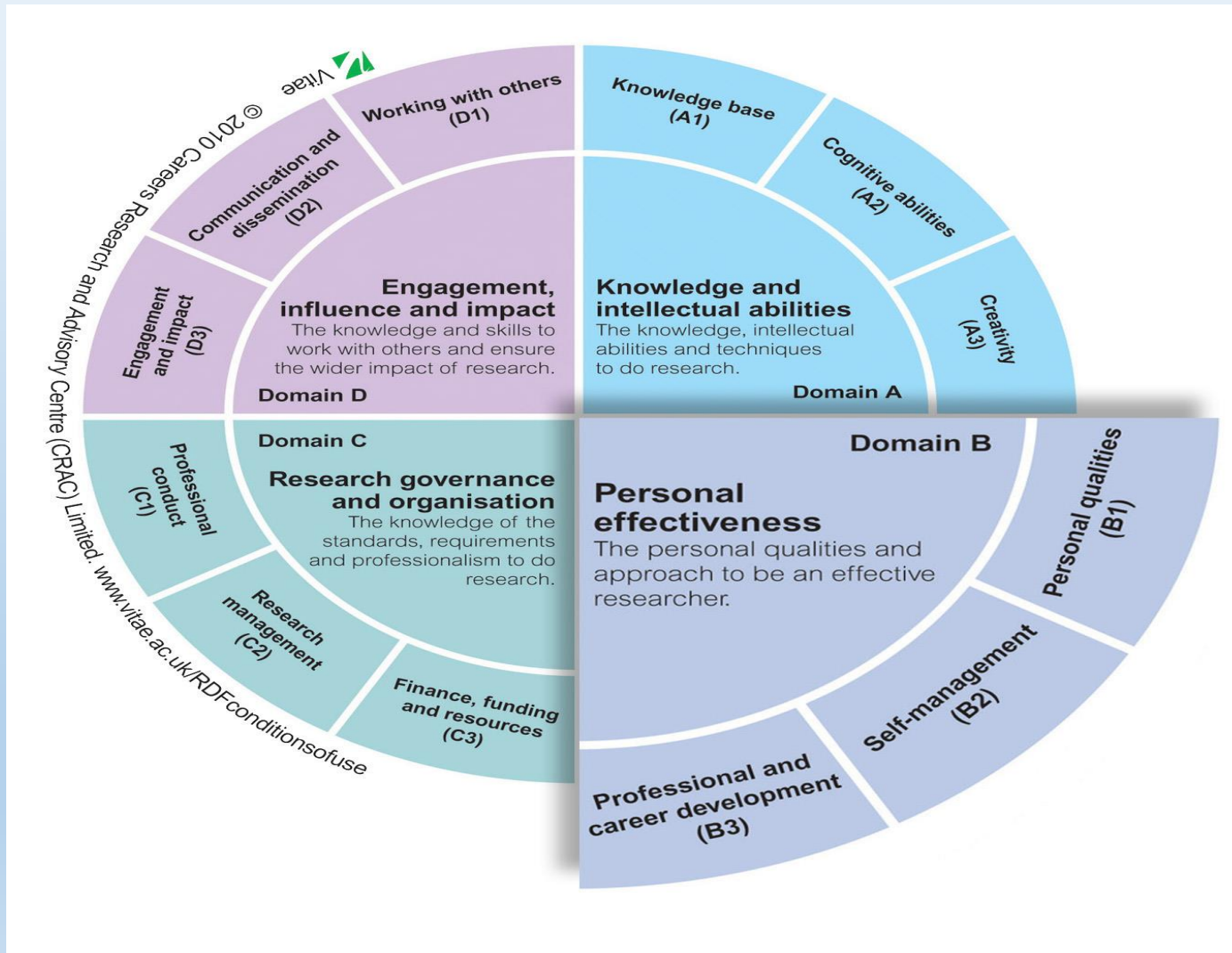
Dr Sarah Burden: Senior Lecturer – Nursing
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Nature of the journey

- A reflective journey from doctoral completion
- A transition from experienced teaching academic to teaching / research active academic
- The problems of labels : early career, mid career, research active, research productive
- Invisible work



Area of greatest development



- **B1:** enthusiasm, perseverance, integrity, self-confidence, self-reflection, responsibility
- **B2:** preparation & prioritisation, commitment to research, time management, responsiveness to change, work-life balance
- **B3:** career management, CPD, responsiveness to opportunities, networking, reputation and esteem

The passage steered



PhD award

- Personal &
- Professional achievement



Dissemination

- B2:
- Conference, publications, keynote, scholarly invitations, open access, Symplectic & researchgate

