Citation:
Evans, C and Hutchinson, J and Christian, MS and Hancock, N and Cade, JE (2018) Measures of low food variety and poor dietary quality in a cross-sectional study of London school children. Eur J Clin Nutr. ISSN 1476-5640 DOI: https://doi.org/10.1038/s41430-017-0070-1

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Table 3: Mean number of listed foods consumed within each CADET food category by total number of listed foods consumed in a day (food variety score) by London school children aged 7-10 years

Food categories	Number of listed foods on CADET[b]	Mean number of listed foods consumed in each food category by total numbers of listed foods consumed (food variety score)						
		4-10 foods Mean (SE)[a] n=136	11-12 foods Mean (SE) n=234	13-14 foods Mean (SE) n=373	15-16 foods Mean (SE) n=428	17-18 foods Mean (SE) n=403	19-20 foods Mean (SE) n=343	21+ foods Mean (SE) n=475
Drinks	7	1.9 (0.07)	2.3 (0.07)	2.4 (0.04)	2.5 (0.04)	2.9 (0.05)	2.8 (0.05)	3.2 (0.05)
Snacks	8	0.8 (0.07)	1.1 (0.07)	1.2 (0.05)	1.4 (0.06)	1.6 (0.06)	1.9 (0.06)	2.3 (0.07)
Breads	5	0.6 (0.05)	0.8 (0.05)	0.9 (0.04)	1.0 (0.03)	1.1 (0.04)	1.2 (0.04)	1.4 (0.05)
Spread, sauces, soups	7	0.6 (0.08)	0.7 (0.05)	1.0 (0.04)	1.1 (0.04)	1.2 (0.05)	1.4 (0.06)	1.8 (0.06)
Cheeses, eggs	6	0.2 (0.04)	0.3 (0.03)	0.4 (0.04)	0.4 (0.04)	0.5 (0.04)	0.5 (0.04)	0.9 (0.05)
Chicken	3	0.4 (0.06)	0.4 (0.04)	0.5 (0.04)	0.5 (0.04)	0.5 (0.04)	0.5 (0.04)	0.7 (0.05)
Other meat	9	0.4 (0.06)	0.6 (0.05)	0.7 (0.05)	0.9 (0.06)	0.9 (0.05)	0.9 (0.06)	1.2 (0.07)
Fish	5	0.2 (0.03)	0.2 (0.03)	0.2 (0.02)	0.2 (0.03)	0.3 (0.03)	0.3 (0.04)	0.6 (0.05)
Vegetarian	5	0.0 (0.02)	0.0 (0.01)	0.0 (0.01)	0.1 (0.01)	0.1 (0.02)	0.1 (0.02)	0.3 (0.03)
Pizza, pasta, rice, etc	9	0.9 (0.07)	0.9 (0.07)	0.9 (0.05)	1.0 (0.05)	1.0 (0.05)	1.0 (0.05)	1.2 (0.06)
Vegetables	22	0.6 (0.09)	1.1 (0.06)	1.4 (0.05)	1.9 (0.07)	2.4 (0.07)	3.0 (0.08)	3.9 (1.00)
Potatoes	2	0.3 (0.06)	0.5 (0.05)	0.5 (0.04)	0.6 (0.05)	0.6 (0.05)	0.6 (0.04)	0.8 (0.04)
Fruit	13	0.6 (0.09)	0.9 (0.09)	1.1 (0.05)	1.4 (0.07)	1.7 (0.07)	2.0 (0.08)	2.6 (0.08)
Puddings	6	0.6 (0.09)	0.7 (0.06)	0.8 (0.05)	0.9 (0.06)	1.0 (0.07)	1.1 (0.07)	1.5 (0.06)
Confectionery	2	0.1 (0.03)	0.2 (0.02)	0.2 (0.03)	0.3 (0.02)	0.3 (0.03)	0.4 (0.03)	0.6 (0.03)
Breakfast cereal/milk on cereal	6	0.7 (0.09)	1.0 (0.07)	1.2 (0.05)	1.4 (0.06)	1.4 (006)	1.6 (0.07)	1.8 (0.05)
Total/mean listed foods	115	8.9 (0.09)	11.5 (0.03)	13.5 (0.02)	15.5 (0.02)	17.5 (0.03)	19.5 (0.03)	24.6 (0.2)

[a]Standard errors take school cluster into account

[b]Total number of listed foods in each category on CADET as seen in supplementary materials