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# How are we feeling today?

Evaluating confidence levels of students  
engaging with a new study mentoring  
scheme

Karen Croft: Skills for Learning Adviser

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# Study mentoring scheme



# Evaluation of pilot 2016-2017

- **Questionnaires and interviews**
- **Emphasis on students' experience**  
**...not the impact of the scheme**
- **Limited data from mentees**

# Redesign of evaluation



Develop your academic  
confidence with support  
from successful students



# Adapting UX techniques



**We considered:**

- Love letters
- Drawing
- Mind maps

# Word cloud

**Excited Positive Fearless**  
**Hopeful Capable Worried**  
**Anxious Scared**  
**Self-reliant Overwhelmed**  
**Upbeat Downhearted**  
**Independent Confident**  
**Doubtful Unsure Hesitant**  
**Assured Dubious**  
**Enthusiastic Pessimistic**  
**Afraid Optimistic Nervous**



# Free drawing or writing

How will you approach your next piece of academic work?

# Mentor confidence measures

- Academic behaviour questionnaire
- Measuring confidence
- Adapted their questions

Sanders, P. and Sanders, L. (2009) Measuring academic behavioural confidence: the ABC scale revisited. *Studies in Higher Education*. 34 (1) pp. 19–35.

# Anonymous ids

So we can compare your forms **anonymously**, please write a personal identifier which you will be able to recognise later, such as part of your first home address, or your first school or similar.

Examples: 34ChurchRoad;  
CresswellSchool; 87Broadway

**Your personal identifier:**

.....

# What happened?



# What happened?

## Activity 1

Circle FIVE words in the box below to describe how you are feeling about your academic work right now.

**Excited** Positive Fearless  
Hopeful Capable Worried  
**Anxious** Scared  
Self-reliant **Overwhelmed**  
Upbeat Downhearted  
Independent Confident  
Doubtful Unsure Hesitant  
Assured Dubious  
**Enthusiastic** Pessimistic  
**Afraid** Optimistic Nervous

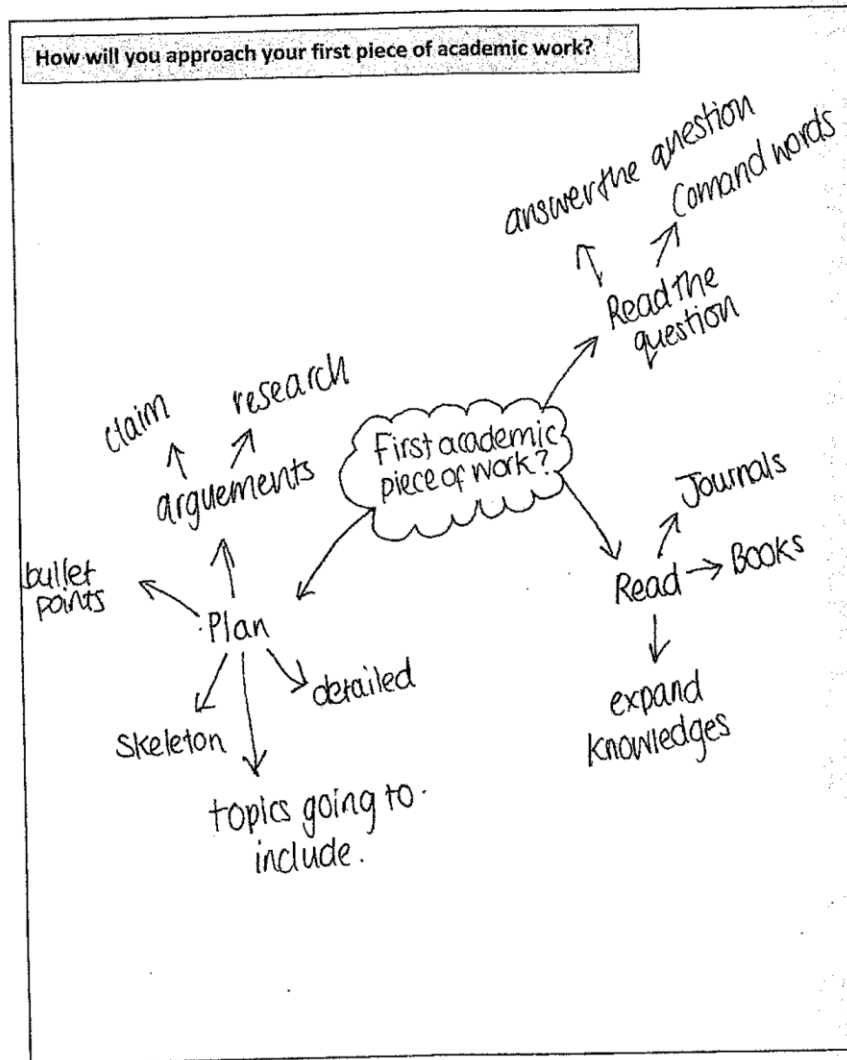
2 positive  
3 negative

**Excited** **Positive** Fearless  
**Hopeful** Capable Worried  
Anxious Scared  
Self-reliant Overwhelmed  
Upbeat Downhearted  
**Independent** Confident  
Doubtful Unsure Hesitant  
**Assured** Dubious  
Enthusiastic Pessimistic  
Afraid **Optimistic** Nervous

5 positive

# What happened?

Please give your thoughts on the question below – you might like to: draw a picture or diagram, write a list, or create a mindmap.



# Mentor results

- **Confidence levels at start were high**
- **Seven online questions - measurable results**
- **Small increase in confidence levels**
- **Open ended question – gave useful feedback**
- **Data straightforward to collect and analyse**

# Conclusions



- **Working as partners with mentors**
- **Word cloud for measuring confidence**
- **Freeform input:**
  - ...needs a plan for analysis**
  - ...and no influence from others**



# Thank you

**Karen Croft**

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