

Citation:

Bagnall, A-M (2025) Centre for Health Promotion Research: Annual Report, September 2023-August 2024. Technical Report. Leeds Beckett University.

Link to Leeds Beckett Repository record: https://eprints.leedsbeckett.ac.uk/id/eprint/11982/

Document Version: Monograph (Published Version)

The aim of the Leeds Beckett Repository is to provide open access to our research, as required by funder policies and permitted by publishers and copyright law.

The Leeds Beckett repository holds a wide range of publications, each of which has been checked for copyright and the relevant embargo period has been applied by the Research Services team.

We operate on a standard take-down policy. If you are the author or publisher of an output and you would like it removed from the repository, please contact us and we will investigate on a case-by-case basis.

Each thesis in the repository has been cleared where necessary by the author for third party copyright. If you would like a thesis to be removed from the repository or believe there is an issue with copyright, please contact us on openaccess@leedsbeckett.ac.uk and we will investigate on a case-by-case basis.

# Centre for Health Promotion Research



Annual Report
September 2023 –
August 2024



# **Contents page**

The Focus of CHPR	3
CHPR Values	5
How CHPR contributes to the School of Health/LBU research strategy	6
CHPR Membership and Leadership Structure	9
CHPR Highlights and Achievements	13
CHPR Outputs	17
CHPR Strategy: Future growth	22



## The Focus of CHPR

The Centre for Health Promotion Research (CHPR) is one of the leading academic institutions for health promotion research in the UK, in existence since 1997.

#### **CHPR Themes**

The work conducted by staff at CHPR falls under three themes:

#### Healthy communities

Our healthy communities theme focuses on community health, active citizenship, and volunteering, and how communities can contribute to health and participation can be stimulated and sustained.

#### Health inequalities

Using qualitative and participatory research methods, we work directly with people and groups who are vulnerable, disadvantaged and at risk of experiencing health inequalities. This includes migrants, gypsies and travellers, and people with learning disabilities.

CHPR colleagues have expertise in gendered health promotion and prisoner and offender health. This includes peer interventions in prison settings, the policy drive toward a 'healthy criminal justice system', prison health from an international perspective and the needs and support for offender's families, including children.

#### Evidence and evaluation

Creation and appraisal of robust evidence has always been a strong theme in CHPR, with methodological development and knowledge transfer going hand in hand with our multidisciplinary approach.

Centre staff are at the forefront of developing methodology and guidance in evidence synthesis (Bagnall, South, Southby), evaluation of community-led complex public health interventions (South, Bagnall, Southby), participatory and peer research (Warwick-Booth, Coan, Bagnall, Southby), knowledge exchange (Stansfield, Passey) and the embedded researcher model (Woodall, South).

As well as obtaining funding from national research council funders such as the National Institute for Health and Care Research (NIHR), the Arts and Humanities Research Council (AHRC), the UK Research Institute (UKRI) and the British Academy, CHPR has been commissioned to conduct research and evaluation by a wide range of national organisations (such as the National Institute for Health and Care Excellence (NICE), the People's Health Trust, the What Works Centre for Wellbeing and Public Health England) and third sector organisations (such as Shelter, Hamara and the Jigsaw Visitors' Centre at HMP Leeds).



Figure 1: Aims of CHPR

Maintain a broad & integrated programme of health promotion research

Provide a forum for exchanging ideas on the principles & practice of health promotion research

Develop research capacity and support practice-based health promotion research

Disseminate and research widely to influence policy and practice

Develop collaborative research which advances the evidence base



## **CHPR Values**

We operate according to the following set of principles:

- Working with an understanding of health as social and thus using the social model of health
- Working as part of a social movement to tackle the social determinants of health to bring about greater social and health justice
- Working within a framework that views health as political
- Working in ways to promote both equality and equity

#### We use approaches that are:

- Participatory to facilitate inclusion, empowerment, and capacity building
- In partnership to facilitate collaboration
- Anti-oppressive and ethical to foster equality and support change



# How CHPR contributes to the School of Health/LBU research strategy

### LBU Research strategy:



#### **Subject-based and cross-school interdisciplinary research:**

CHPR contributes to the School of Health (the School) 'public health' interdisciplinary theme in many ways. As well as our own impactful public health research on healthy communities and health inequalities, which contributed 2 research impact case studies to REF 2021, we are part of the flagship Obesity Institute, contributing our expertise on whole systems and community centred approaches to health promotion and community engagement, and also work with the School of Humanities and Social Sciences on interdisciplinary research related to Psychology (e.g. the NIHR-funded £1.5M APPRAISE project) and Social work and Sociology (much of our health inequalities theme). We're also working with the Business School and the Knowledge Exchange to deliver the community outreach strategy for the £1.2M WYCA-funded Innovative Entrepreneurs Programme and have expertise on initiatives such as community business and social enterprise, plural economies and community wealth building, and Leeds One Workforce to contribute to a future Inclusive Growth theme.



#### Sustainable research

More broadly, we are well connected to the city of Leeds and West Yorkshire's public health system, via Leeds City Council public health team (with whom we run a journal club), the Leeds NHS Health and Care Academy (where we have had an embedded researcher), the Leeds Academic Health Partnership (where we have another embedded researcher), Wakefield MBC (three embedded researchers and HDRC), Calderdale MBC, the Leeds Voluntary and Community Sector (via Forum Central, Voluntary Action Leeds, the Local Care Partnerships, and individual organisations), and West Yorkshire ICB Health and Care Partnership.

Regionally we are strongly connected with: Yorkshire and Humber Public Health Practice and Research Hub (PaRC), Y-PERN, the Northern Universities Public Health Alliance (NUPHA), the Office for Health Improvement and Disparities (OHID) nationally and regionally. Also, nationally, the Faculty of Public Health, the Royal Society of Public Health, Public Health Wales and the Wales Centre for Public Policy, the What Works Centre for Wellbeing, Volunteering Matters, the Society of Social Medicine and Population Health, and internationally the European Public Health Association, the World Health Organization (European Region) and the International Union for Health Promotion and Education.

The above partnerships facilitate collaborative funding applications for large research council grants, and also sometimes commission us directly to work with them on evaluation projects.

#### People and culture

In line with our published values, we aim to be a supportive workplace for staff and are very focused on their wellbeing and career development. We have four permanent contract research fellows, with ambitions to retain our PhD students and early career researchers on fixed term contracts through postdoctoral fellowships (such as NIHR and MCSA) and grants with named ECRs as main researchers. We contribute to research ethics approvals and carry out ethical and participatory research with underserved communities and marginalised groups. We support the Vitae research concordat and UKRI principles of inclusive research.



### **School of Health Research Strategy:**

#### Developing a stronger research environment

We supervise many School staff members who are completing PhDs, and give advice on research design for staff grant applications and ongoing projects, as well as collaborating across the School on grant applications and peer reviewing grant applications across the University. We contribute to the School of Health seminar series. We are raising our profile through publications such as blogs and our own seminar series, as well as increasing journal publications.

We contribute to the five principles and ambitions of the School for excellent research:

- Critical mass we have recruited a 3-year fixed term PDRA to support our growing research activity and help us increase our research income
- Credible research we have published more than 20 peer reviewed journal articles over the last year
- Collaboration we collaborate on research bids and projects across the School and the University, and beyond, but are always keen to collaborate more
- Research homes we are a research home, and our 5-year strategy will enable us to
  offer more support to colleagues wanting to do more research in the area of health
  promotion
- Research leadership We have created a 5-year strategy to play to the strengths of the Centre and for planned growth in our research activities, together with additional governance structures to support this growth.



# CHPR Membership and Leadership Structure

#### **CHPR Membership**

CHPR consists of 15 members of staff and is directed by Prof Anne-Marie Bagnall. Figure 2 displays the staff structure.

CHPR members bring a wide range of expertise and knowledge to the School of Health (the School) and Leeds Beckett University, with expertise in the following key areas:

- Civic activism
- · Community health and well-being
- Empowerment; gender and health promotion
- Evidence synthesis
- Evaluation of complex interventions
- Global health and health inequalities
- Participatory research
- Prison health
- Public mental health
- The public health promotion workforce
- Volunteering and lay roles in public health
- Workplace health and well-being

They are also very involved in teaching, delivering the Research Methods and People, Power and Communities modules for the Public Health / Health Promotion MSc and supervising MSc student dissertations and PhD doctoral students. They also provide training and education outside of the University e.g., for civil servants in health policy.



Figure 2: CHPR staff structure

		Prof Anne-Ma Bagnall CHPR Direct		<b>Prof Mark</b> (Emeri	Prof Jane South Associate Director	Prof James Woodall Associate Director and Head of Subject	Dr Louise Warwick- Booth Associate Director
Dr Kris Southby Senior Research Fellow		<b>Dr Jude Sta</b> Principal R  Fello	esearch	<b>Susan</b> Research	Dr Joanne Trigwell  Lecturer	Dr Janine Bestall  Embedded  Researcher	Dr Cara Gates  Embedded  Researcher
Post doctoral research assistant		Woo	Jenny odward ch Fellow		Dr Olivia Engle Embedded Researcher	Dr Andrew Passey  Embedded  Researcher	

### Key:

- The five staff members shaded in green are line managed by Prof Anne-Marie Bagnall
- The five staff members shaded in yellow are line managed by Prof James Woodall
- The staff member shaded in blue is line managed by Dr Ali Long (Course Director)



#### **PhD Students**

CHPR staff supported 20 part time and full time PhD students in the 2023/24 academic year, with Dr Louise Warwick-Booth taking on an inaugural role in the School as Postgraduate Research Tutor. Three students successfully completed their PhD studies in that time (Jenny Woodward, Sally SJ Brown, Jenny Shaw). Table 1 comprises the current CHPR PhD students.

**Table 1 Current PhD Students** 

Table 1 Current Ph		PhD Title		
Student	Supervisors	PhD Title		
Stella Aster	Dr Southby	Local whole systems modelling and automated intervention discovery with applications to obesity prevention and treatment		
Emma Booth	Prof Woodall	An assessment of play work in prisons.		
Caroline Burnley	Prof Woodall	An exploration of creative writing in the treatment of mentally disordered offenders: an action research approach'		
	Prof Woodall	Riding The Waves of Health: The experiences and		
Sarah Carcillo	Dr Sabel	impacts of attending 'Surfwell' for police officers.		
	Dr Warwick-Booth	Exploring health inequalities experienced by		
Susan Coan	Prof Maher	Deaf/deaf people when accessing healthcare and how they can be reduced through the training of		
	Dr Parkin	healthcare professionals.		
	Dr Warwick-Booth	Matarnity Cara Satisfaction and Danrassian		
Paige Davies	Dr Cross	Maternity Care Satisfaction and Depression Following Different Birth Modes: A Mixed Methods		
	Prof Brown	Approach.		
Nicky Everett	Dr Southby Dr Warwick-Booth	Teenagers in hospital – the forgotten age		
Gemma Hopkins	Prof Woodall	Non-directive play therapy as a treatment for childhood anxiety disorder in the UAE.		
Gillian Kelly	Dr Warwick-Booth			
	Dr Warwick-Booth			
Henry Kirby	Dr Cross	UK Trans communities experience of informal		
	Dr Till	networks of care.		
Ruben Muhayiteto	Prof Bagnall	Household Socio-economic Determinants of		
	Dr Trigwell	Teenage Pregnancies in Rwanda.		
Deborah Nice	Dr Southby Dr Trigwell Prof Bagnall	To explore the impact of digital health interventions delivered in community settings to reduce health inequalities experienced by older people.		



Kate O'Connell	Prof South Prof Woodall	Reducing health inequalities through systems perspectives – an analysis of workforce enablers and constraints
Ghazul Raoufi	Dr Warwick-Booth	How does a community health promotion program using feminist participatory action research (FPAR) to engage men in addressing social and cultural norms (injunctive norms) contribute to broader gender equality initiatives within a community?
Petra Salisbury	Dr Hill Dr Warwick-Booth	Entering the Unknown - Women's initiation to drug use.
Rebecca Sutton	Prof Woodall Dr Sanders Dr Radley	Exploring walking uptake in Derbyshire: An embedded research model.
Bryony Walker	Dr Warwick-Booth Prof South	Using Participatory Action Research (PAR) to hear the views of adoptive parents of older children.



## **CHPR Highlights and Achievements**

Below are some examples of CHPR highlights from the last year.

#### HDRC Wakefield

Within the United Kingdom, the Health Determinants Research Collaboration (HDRC) is a programme which seeks to increase research capacity and capability within local government to understand health determinants and to improve health outcomes in communities. The HDRC programme supports 30 local authorities who work with academic partners; voluntary and community sector organisations; decision-makers; and citizens to better understand health influences and to create conditions that will lead to improved health outcomes. Professor James Woodall and Professor Jane South are co-applicants for HDRC Wakefield, securing £1.3 million to the School of Health over 5 years. Dr Andrew Passey, Janine Bestall, and Dr Olivia Engle joined the School of Health as Embedded Researchers working within the local authority and voluntary and community sector organisations in Wakefield. The project seeks to reverse health inequalities across Wakefield District.



Adapting, expanding and embedding community and culture into health ecosystems: the ARCHES project (Prof Mark Gamsu, Dr Jo Trigwell, Prof Jane South, Prof Anne-Marie Bagnall)

This project was funded by a grant from UKRI/ AHRC (£180,000) in phase 1 of the 'Mobilising community assets to tackle health inequalities' programme, and was conducted in partnership with Locality and Social Life. The ARCHES project aimed to explore what works for connecting community anchor organisations, delivering arts and cultural activities and/ or managing natural and community assets in areas of social deprivation, to the wider public health system. The research used community-based participatory research within a case study approach to work with 4 community anchor organisations, focusing on their role and activities in tackling health



inequalities by developing relationships with people through access to the environment and creative activity. Additional questions explored how the wider public health system supported this activity and the potential for scaling up these approaches at place level.



A full report and commissioner's guide were published with Locality in 2024: <a href="Adapting.">Adapting.</a>
<a href="Mailto:expanding and embedding community and culture into health ecosystems - Locality">Locality</a>, as well as a synthesis report of the AHRC funding programme conducted by the Centre for Creative Health, using methods developed by Prof Jane South, Dr Kris Southby and Prof Anne-Marie Bagnall for the What Works Centre for Wellbeing: <a href="MCA-Case-Study-Synthesis.pdf">MCA-Case-Study-Synthesis.pdf</a>

Hybrid service delivery for voluntary and community sector organisations working with adults with learning disabilities and/or autism (Dr Kris Southby, Dr Jo Trigwell, Prof Anne-Marie Bagnall, Sally Brown, Danielle Varley)

This NIHR funded research (£256,000) utilised participatory realist review methodology to explore how VCS organisations can effectively use digital technologies alongside or instead of in-person activity (hybrid delivery) to provide social care services to different adults with learning disabilities and/or autism. An inclusive deliberative hearing event to explore early findings was held at a community venue in July 2024, and was live scribed: <a href="https://example.com/hybrid Delivery">Hybrid Delivery</a> Expert Hearing by Nifty Fox Creative

The team are now working hard to produce journal articles and accessible outputs, as well as applying for further funding for follow-up studies.

#### Review of Integrated Care System use of health inequalities funding

This project was funded by the NHS Confederation and led by Prof Mark Gamsu and Prof Anne-Marie Bagnall, with Dr Jo Trigwell and Susan Coan, to understand how Integrated Care Systems (ICS) nationwide have made use of funding targeted to address health inequalities. The project aimed to share examples of good practice across the network and learn from each other about how to make best use of funding made available for the benefit of local communities. The CHPR team interviewed health inequalities leads in Integrated Care Boards (ICB), as well as other senior system leaders. The report was published by the NHS Confederation: <a href="Putting money where our mouth is?">Putting money where our mouth is?</a> | NHS Confederation and received a significant impact nationally, including an article in the Health Service Journal summarising this research project and linking it with the ARCHES project: <a href="The Integrator: Cutting the right things">The Integrator: Cutting the right things</a>



Prof Mark Gamsu published a blog which explains the rationale behind the research model:

Research and Impact: addressing health inequalities – Policy Week 2024 | Leeds Beckett

University

#### Warm Spaces in Calderdale

Prof Anne-Marie Bagnall, Susan Coan and Danielle Varley worked with Calderdale Council to evaluate their provision of warm spaces in Winter 2022/23, with the aim of informing their future warm space provision and the national UKHSA warm spaces guidance. The mixed methods evaluation included a survey, focus groups and interviews with staff members and users of the warm spaces. The findings have been presented to Calderdale councils' senior leadership team and to the Cost of Living and Anti-Poverty Boards. The final report is available here and a journal article has been submitted to BMC Public Health: An Evaluation of the Calderdale Warm Spaces 2022/23 Provision - Leeds Beckett Repository

#### Public mental health seminar series

Dr Jude Stansfield led a cross-School of Health webinar series on Social Perspectives of Mental Health. The project aimed to share and learn what research colleagues across the School are doing to promote mental health and tackle poor mental health. A total of 80 people, mostly colleagues (67) participated in the recent Seminar Series. The presentations, feedback, and outputs from the series have been complied into a short report.

Most people attended just one or two of the eight webinars, with the number of participants for each webinar ranging between 15 and 36. The breadth of research demonstrates how mental health relates to many aspects of health and wellbeing and is an important or underpinning theme to the school's research; for example in understanding health determinants, mechanisms and outcomes or perspectives in relation to inequalities, power, culture or reflexive practice. You can read more about it here: Social Perspectives of Mental Health Outputs.pdf - Google Drive

#### Knowledge mobilisation

Dr Jude Stansfield led a CHPR working group to develop an evidence-based knowledge mobilisation framework, which is being piloted on new and established CHPR projects. The framework aims to embed knowledge mobilisation principles into projects from beginning to end.

#### **Other Successes**

- Dr Kris Southby published this piece in The Conversation from October 17, 2023: <u>Make new friends and become a role model</u>: <u>why you should consider volunteering if you're in your 20s or 30s</u>
- Dr Louise Warwick-Booth was seconded to the Centre for Learning and Teaching at 0.2 fte.



- Prof Jane South and Dr Louise Warwick-Booth were successful as co-investigators on a new NIHR grant award: Implementing professional support for the voluntary sector workforce: A multi-case action research study £648,187 (200k to LBU)
- Dr Louise Warwick-Booth was successful as co-investigator for a Department of Health award for MSc Health and Social Care Policy with Kings, Policy Institute London, awarded February 24 £650,000 (£80k to LBU)
- Dr Jude Stansfield facilitated a Public Mental Health training day for 40 Psychiatry and Public Health trainees for NHS England, with the aim of developing joint action on prevention. Examples from practice were shared relating to trauma-informed services, suicide prevention and reducing premature mortality associated with severe mental illness.
- The new Royal College of Psychiatrists E-learning certificated course in Public Mental Health has been launched and was oversubscribed immediately. Dr Jude Stansfield is course director and will be facilitating the seminars over the coming months.
- Dr Jude Stansfield delivered a symposium presentation on Public Mental Health at the College's International Congress on 19 June 2024 in Edinburgh. The course was also awarded E-Learning Project of The Year.
- Dr Louise Warwick-Booth and Susan Coan provided a series of online seminars with the theme of "Creating participatory research in community-based settings".



## **CHPR Outputs**

Over the past academic year, CHPR has produced over 30 publications. This includes:

#### **Books**

Cross, R. Warwick-Booth, L. and Woodall, J. (2024) Health promotion ethics: a framework for social justice. Routledge, London

**Cross, R. and Woodall, J.** (2024) Green & Tones' health promotion: planning & strategies. Sage, London.

Scriven, A., **Woodall, J.** and Morgan, G. (2024) Ewles and Simnett's promoting health: a practical guide. Elsevier, London.

#### Journal articles

Corcoran R, Ujhelyi Gomez K, Simpson G, Goodall M, Bennett K, Gabbay M, Wilson T, Obe DA, Pennington A, **Bagnall AM, South J**. (2023) The Wellbeing in Place Perceptions Scale: Structure, Validity, Reliability and Correlates During COVID Times. International Journal of Community Well-Being. 202313:1-20. <a href="https://link.springer.com/article/10.1007/s42413-023-00194-w">https://link.springer.com/article/10.1007/s42413-023-00194-w</a>

Johnson, M.I., Page, K., **Woodall**, **J**. and Thompson, K. (2024) Perspectives on community-based system change for people living with persistent pain: insights from developing the 'Rethinking Pain Service'. Frontiers in Pain Research. 5, 1-8. <a href="https://doi.org/10.3389/fpain.2024.1299027">https://doi.org/10.3389/fpain.2024.1299027</a>

**Passey, A, South J, Southby K, Gamsu M, Bagnall AM,** Pennington A, Corcoran R (2024) The gap between rhetoric and reality in community wellbeing research: deliberative method and the lens of 'pragmatic complexity'. International Journal of Community Well-Being. pp. 1-20. ISSN 2524-5295 DOI: <a href="https://doi.org/10.1007/s42413-024-00216-1">https://doi.org/10.1007/s42413-024-00216-1</a>.

**South J, Southby K**, Freeman C, **Bagnall AM**, Pennington A, Corcoran R (2024) Synthesising practice-based case study evidence from community interventions: development of a method. International Journal of Qualitative Methods <a href="http://doi.org/10.1177/16094069241276964">http://doi.org/10.1177/16094069241276964</a>

**South J, Coan S, Woodward J, Bagnall AM**, Rippon S (2024) Asset Based Community Development: Co-Designing an Asset-Based Evaluation Study for Community Research. Sage Open, 14(2). <a href="https://doi.org/10.1177/21582440241240836">https://doi.org/10.1177/21582440241240836</a>

**South, J., Woodall, J., Stansfield, J.**, Mapplethorpe, T., **Passey, A. and Bagnall, A-M**. (2024) A qualitative synthesis of practice-based learning from case studies on COVID community champion programmes in England, UK. BMC Public Health. 24 (7), 1-18. <a href="https://doi.org/10.1186/s12889-023-17470-1">https://doi.org/10.1186/s12889-023-17470-1</a>

**Warwick-Booth, L. & Coan, S.** (2024) Using Remote Interviews for evaluation research on sensitive topics: interviewing non-pregnant survivors of FGM about their health care experiences. Sage Research Methods: Doing Research Online. Published online January 2024. <a href="https://methods.sagepub.com/case/using-remote-interview-evaluation-interviewing-health-experiences">https://methods.sagepub.com/case/using-remote-interview-evaluation-interviewing-health-experiences</a>.



**Warwick-Booth, L. & Coan. S.** (2024) 'Trauma informed mental health support; qualitative evaluation findings from one voluntary and community sector programme for women experiencing DVA' *Journal of Gender Based Violence* pp. 1-17 DOI: <a href="https://doi.org/10.1332/23986808Y2024D000000023">https://doi.org/10.1332/23986808Y2024D0000000023</a>

**Warwick-Booth, L.**, & Woodcock, D. (2024). Volunteer listeners as co-producers of knowledge: exploring the lived experience of older people's social isolation through peer research. Educational Action Research, 1–17. https://doi.org/10.1080/09650792.2024.2381707.

**Warwick-Booth, L., Cross, R. & Woodall, J.** (2024) 'Obstacles to co-producing evaluation knowledge: power, control and voluntary sector dynamics' *Evidence and Policy* pp.1-18 DOI: https://doi.org/10.1332/17442648Y2023D000000008

**Woodall, J.** (2024) What works to promote staff health in prison settings: a systematic review. International Journal of Prisoner Health. 20 (3), 257-270. https://doi.org/10.1108/IJOPH-11-2023-0082

**Woodall, J.** and Morley, L. (2024) Reconfiguring the concept and practice of 'health promotion' in nursing is needed to shift health inequalities. Nursing Standard. doi:10.7748/ns.2024.e12266

**Woodall, J.,** Homer, C., Freeman, C., **South, J.**, Cooke, J., Holliday, J., Hartley, A. Mullen, S. and Stafford, B. (2024) Evidence-based decision making in a climate of political expediency: insights from local government. Perspectives in Public Health. https://doi.org/10.1177/17579139241256879

**Woodall, J.,** Potts, A. and **Brown, S.J.** (2024) Embedded researchers in public health: a critical assessment. Perspectives in Public Health. doi:10.1177/17579139231223711

Woodrow, N and Gillespie, D and Kitchin, L and O'Brien, M and Chapman, S and Chng, NR and Passey, A and Aquino, MRJ and Clarke, Z and Goyder, E (2024) Reintroducing face-to-face support alongside remote support to form a hybrid stop smoking service in England: a formative mixed methods evaluation. BMC Public Health, 24. pp. 1-11. ISSN 1471-2458 DOI: <a href="https://doi.org/10.1186/s12889-024-18235-0">https://doi.org/10.1186/s12889-024-18235-0</a>

#### Reports

**Bagnall AM**, **Gamsu M**, Lowe R, Mahmood H (2024) Putting money where our mouth is?: Exploring health inequalities funding across systems. Effective principles for allocating health inequalities funding in England. London: NHS Confederation. <u>Putting money where our mouth is? | NHS Confederation</u>

**Bagnall AM, South J, Jones R, Southby K** (2024) Multisector collaboration to improve community wellbeing: pre-pandemic evidence review. Cardiff: Wales Centre for Public Policy. Available from: Multisector collaboration to improve community wellbeing | WCPP

Coan, S., Trigwell, J. Warwick-Booth, L. & Bagnall, AM. (2023) Homeshare UK Expansion pilot Evaluation Report. Leeds Beckett University, Leeds. August 2023.

**Gamsu M, Trigwell J, South J, Bagnall AM**, Mosteanu O, Redwood-Turner B. Bharadwa M, Harris J (2024) Adapting, expanding and embedding community and culture into health ecosystems (The ARCHES project). London: Locality <u>ARCHES-Report-Adapting-expanding-and-embedding-community-and-culture-into-health-ecosystems-update.pdf</u>



Mughal R, Schrerer IA, Smithson J, **Bagnall AM, South J**, Chatterjee HJ (2024) Mobilising Community Assets to Tackle Health Inequalities: A Case Studies Synthesis and Review. London: University College London. Available at: <a href="https://ncch.org.uk/uploads/MCA-Case-Study-Synthesis.pdf">https://ncch.org.uk/uploads/MCA-Case-Study-Synthesis.pdf</a>

**South, J & Southby, K** (2023) *Leeds Community Champions: Evaluation & Report*. Leeds, Voluntary Action Leeds, Forum Central & Leeds City Council

**Southby K, Trigwell J**, et al (2024) *Co-producing a Theory of Change (ToC) and Evaluation framework for Local authority-led, city-wide digital inclusion programmes*. London, The British Academy, <a href="https://www.thebritishacademy.ac.uk/publications/co-producing-theory-of-change-evaluation-framework-local-authority-led-city-wide-digital-inequalities-programmes/">https://www.thebritishacademy.ac.uk/publications/co-producing-theory-of-change-evaluation-framework-local-authority-led-city-wide-digital-inequalities-programmes/</a>

**Trigwell, J. Coan, S., Woodward, J., Davies, P., Bagnall, A.M.** (2024) An Evaluation of The Hunslet Club, a Leeds-based Youth Organisation

**Warwick-Booth, L., Cross, R.,** Thompson, S. (2024) *Nova Me and Menopause: Final Evaluation Report* March 2024. Leeds Beckett University, Leeds.

**Warwick-Booth, L., Cross, R.**, Thompson, S. (2023) *Nova Me and Menopause: Interim Evaluation Report* December 2023 Leeds Beckett University, Leeds.

Warwick-Booth, L. & Coan, S. (2023) Nova Thinking Differently Fund: Interim Evaluation Report November 2023 Leeds Beckett University, Leeds.

#### **Book Chapters**

Graham, M., Brookes, R., & **Warwick-Booth, L.** (2024 in press) chapter on mothering in OT, feminist perspectives for Proposal for contribution to the 3rd edition of Occupational Therapies Without Borders book

#### **Thesis**

**Woodward J.** (2024). People and Parks. Understanding the role of communities in improving urban green spaces for health: success factors, challenges and inequality implications. Ph.D Thesis. Leeds Beckett University. Available at: <a href="https://doi.org/10.25448/lbu.26107348">https://doi.org/10.25448/lbu.26107348</a>

#### **Blogs**

The Conversation from October 17, 2023: <u>Make new friends and become a role model: why you should consider volunteering if you're in your 20s or 30s</u>

What can we learn from coproduction approaches in Voluntary Sector evaluation work? Louise **Warwick-Booth**, **Ruth Cross and James Woodall** – accepted December 23



#### **Conference presentations**

**Bagnall AM, Varley D, Coan S**, Horne K. Warm spaces in Calderdale: a mixed methods evaluation. International Festival of Public Health, 22<sup>nd</sup> July 2024, Manchester Urban Collaboration for Health, University of Manchester.

28th September 2023: **Susan Coan, Dr Louise Warwick-Booth and Paige Davies** held a dissemination event at The Old Fire Station, Gipton on. They reported research findings from an internally funded project that focused upon what people know about the role of trustees at Voluntary and Community Sector Organisations. They also shared findings from the research and discussed next steps with volunteers.

5th October 2023 – **Susan Coan** was invited to deliver a presentation as part of the Born in Bradford Seminar Series: Promoting Afghan Migrants' Health through Participatory Research. The presentation described a peer research project with Afghan migrants in Bradford and its impact on health and wellbeing.

24th October 2023 - **Susan Coan** delivered a dissemination event at Better Leeds Communities. The presentation reported research findings from an internally funded participatory project entitled Community Involvement in Voluntary Organisations' Leadership. Community members have co-produced key recommendations for increasing community involvement in decision-making and to increase diversity on boards of trustees.

1st Dec 2023 - **Susan Coan** attended the UK Participatory Research Network meeting at the University of York. This meeting was a great opportunity to build links with researchers across the country who are doing participatory research. Topic: Breadth, depth and connection: exploring spaces for participatory relationships post Covid 19.

30th Jan 2024 – **Susan Coan** presented Managing Ethics and Power-sharing in Remote Participatory Research at the Qualitative Research Symposium on Ethics and Power at the University Bath on 30-31 January 2024.

23rd May 2024 - Leeds Community Research Network Symposium: Shared Knowledge is Shared Power, **Susan Coan** presented Making Decisions in Community and Voluntary Organisations

**Muhayiteto R** (2024) Household socio-economic determinants of teenage pregnancy in Rwanda. International Festival of Public Health, 22<sup>nd</sup> July 2024, Manchester Urban Collaboration for Health, University of Manchester.

**Warwick-Booth, L. & Cross, R.** (2024) 'Students as Peer Researchers: co-creating curriculum change' Students as Co-Creators Online Event Advance HE – January 31st 2024 (online)

**Warwick-Booth, L. & Coan, S.** (2024) 'Students as peer researchers; ethical challenges and power imbalances within insider research exploring teaching in higher education' Qualitative Research Symposium Ethics and Power Bath University 30-31st January 2024.

**Warwick-Booth, L., Cross, R., and Coan, S** (2023) Workshop on place-based leadership. Discussion of 'The contributions and challenges of feminist place based leadership: partnership agreements and disagreements' VSSN Conference Sheffield Hallam University 12th September 2023

**Woodward, J.** (2024) Exploring the role of Friends of Parks Groups in improving urban green spaces for health. And the potential impact on inequalities: a multiple case-study design'.



Society for Social Medicine & Population Health 68th Annual Scientific meeting: 4-6 September 2024, Glasgow



## **CHPR Strategy: Future growth**

## For the next year (2024-25)

The points below briefly set out how we are planning to support the School of Health research principles, ambitions and KPIs over the coming year.

**Critical mass**: The Centre is continuing to expand with more embedded researchers and PhD students joining the team this year. With further success in research grant applications, we aim to recruit fixed term research staff costed in to help deliver large projects and support them in their career development and to find further funding.

**Collaboration:** We will continue to collaborate with the many partners listed in Section 3, and further expand our collaborations both within the University and outside. In this coming year, we will launch the CHPR Seminar series to engage interest and highlight our flagship themes. We also plan to create a CHPR mailing list and send an annual and quarterly newsletter, based on the highlights from the annual report, and the monthly School of Health newsletter, to further showcase our research to a wider audience.

Credible research: We will continue to apply for grants to major research councils to undertake excellent and impactful research, and to publish the research in peer-reviewed academic journals. Our research income and publications have increased over the last year, and we are focused on continuing to increase grants and publications for all CHPR staff (see also, CHPR 5-year strategy in Appendix). We will keep our existing 3 research themes and have two potentially new research themes emerging: The Health Promotion Workforce (led by Prof James Woodall) and Public Mental Health (led by Dr Jude Stansfield).

**Research homes:** We will increase our support for other academic staff to write grants and publications in collaboration with CHPR staff, where their proposed research fits with CHPR research themes and values.

**Research leadership:** Prof Bagnall will remain as CHPR Director for the coming year. With the growth of the Centre, additional governance structures to guide the direction of CHPR are welcomed, particularly where they enhance the career development of CHPR staff. Ambitions for the coming year include the establishment of an external advisory board (similar to the CHPR in Galway).

## KPI: 55% of academics will be independent researchers producing work of national and international significance by 2026

We will work with our own early career research staff to develop their careers as independent researchers, by internal mentoring and external training where needed. We will increase our support for non-core CHPR staff to work with us to develop their research, as above.

#### Growth in PhD students from 84 (2021) to 100 by 2026

We are working with PhD candidates to apply for doctoral fellowships such as the NIHR schemes.



#### Growth in REF Impact Case Studies available at 3\* and 4\*

As well as maintaining and improving our research excellence, by continuous professional development, supporting and mentoring early career staff to develop in their areas of research interest, as part of our 5-year strategy, we are developing and testing an evidence-based programme of knowledge exchange in public health, led by Dr Jude Stansfield, which we expect to further raise the profile of our research in practice and policy.