

Citation:

Wood, E (2025) "Creare e rifare i ricordi: l'impatto duraturo delle esperienze nei festival [Making and Remaking Memories: The Long-Lasting Impact of Festival Experiences]." In: L'Almanacco di TrovaFestival 2024. Patrimonio culturale e sostenibilità. Altra Economia soc. coop. Impresa sociale, Milan, Italy, pp. 53-58. ISBN 9788865166079

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Document Version: Book Section (Accepted Version)

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Making and Remaking Memories: The Long-Lasting Impact of Festival Experiences

Emma H Wood

Introduction

Festival experiences extend far beyond the event itself. This chapter emphasizes the importance of considering not just the festival's design but also the pre- and post-event experience. Fostering post-festival memory sharing can significantly enhance customer satisfaction, word-of-mouth promotion, and future attendance. Key objectives include understanding:

- The value of memories over experiences.
- The unique significance of shared collective memories.
- Festivals as powerful memory creators.
- The connection between memory sharing, well-being, and festival value.
- Strategies for encouraging memory sharing to shape positive attitudes and future behaviours.

The Interplay of Past, Present, and Future

Festival experiences are part of a broader timeline that includes past memories and future anticipations (see Figure 1). During a festival, attendees compare current experiences with past ones, while simultaneously imagining how they might remember the event in the future. This "cloud of imagining future memories" begins even before the event, as individuals anticipate the memories they will create and share. Recognizing this cycle is crucial for designing festivals that resonate beyond the event itself.



Creating Memorable Festival Experiences

To create a memorable festival experience, organizers must design elements that are:

- 1. **Novel**: Attendees seek unique experiences, even if they are only new to them. Novelty ensures a lasting impression.
- 2. **Emotionally Resonant**: Emotions are deeply tied to memory. Designing for emotional highs and lows—joy, surprise, excitement, or even fear—helps ensure that moments are remembered. Collective emotions amplify this effect, enhancing shared joy or exhilaration.
- 3. **Personally Significant**: The festival should align with attendees' interests, beliefs, and lifestyles. A meaningful connection ensures relevance and deeper engagement.

By combining novelty, emotional depth, and personal relevance, festivals can create unforgettable moments within the overall experience.

Memory as a Link Between Past and Future

Memory serves as a bridge between past experiences and future planning. Neuroscience research has shown that the same brain mechanisms used for recalling past events are employed in imagining future ones. This suggests that memories of past festivals heavily influence decisions about future attendance.

Attendees also engage in **anticipated memories**—thinking about the memories they will create and share during future experiences. For example, while planning a festival trip, individuals might visualize the photos they'll take or the stories they'll tell later. This anticipation adds value to the experience even before it begins.

A thought experiment illustrates this:

Would you attend a festival if you knew you and your companions would have no memory of it afterwards, nor any photos or records of the event? Without memories to keep or share, the perceived value of the experience diminishes significantly.

The Role of Memory Sharing

Memory sharing is a dynamic, ongoing process. Memories are reconstructed over time, influenced by new experiences and the perspectives of others. The way a festival is remembered a week later may differ significantly from how it is recalled months or years afterwards. This malleability allows festival organizers to shape memories post-event.

Sharing memories with others often transforms them. Negative or embarrassing moments, such as poor weather or unsanitary festival conditions, can become humorous anecdotes or shared badges of survival when retold in social settings. This process strengthens social bonds, creating a sense of belonging and shared reality.

The Process of Agreed Memory

When festivalgoers share their experiences, individual memories often merge into a collective narrative. This "agreed memory" forms through negotiation and storytelling, fostering a sense of togetherness and well-being. For instance, attendees who initially recall different details of the same event will synchronise their stories over time, reinforcing a shared version of the experience.

Festival organisers can leverage this process to promote positive narratives. Encouraging memory sharing, even among those who didn't attend the event, helps solidify the festival's value and influence attitudes toward future attendance.

Practical Implications for Festivals

The memory-sharing process offers several practical opportunities for festival organisers:

- 1. **Post-Festival Engagement**: Marketing efforts should extend beyond the event itself. Creating platforms for memory sharing—such as social media campaigns, forums, or reunion events—keeps attendees connected and encourages positive narratives.
- 2. Addressing Negative Memories: If aspects of the event didn't go as planned, organisers can shape how those moments are remembered. Encouraging attendees to frame these challenges as humorous or shared triumphs can turn negative experiences into positive stories.
- 3. **Influencing Future Attendance**: By fostering positive memories and encouraging sharing, organisers can build loyalty and attract new audiences through word-of-mouth promotion.

The Memory-Sharing Economy

Festivals play a vital role in the broader memory-sharing economy, where experiences are valued not only for their immediate enjoyment but also for their shareable memories. Attendees often take photos, post on social media, and tell stories to relive and share their experiences. These memories act as "social merchandise," continually increasing the value of the original experience over time.

While the memory-sharing economy isn't new, recognising its significance allows festival organisers to refocus their efforts to become socially shareable memory creators. This approach positions festivals as catalysts for long-lasting well-being and social value.

Conclusion

The benefits of festivals extend beyond the event itself. Spending time with others in a festival setting enhances well-being, a feeling that continues as memories are shared and reinterpreted. The act of reminiscing fosters connection and belonging, creating long-lasting positive effects.

By understanding the interplay of memory and experience, festival organizers can design events that resonate far beyond their immediate timeframe. Recognizing the importance of memory sharing, fostering post-event engagement, and influencing how festivals are remembered allows organisers to maximise their impact. In the memory-sharing economy, festivals are more than temporary events—they are creators of lasting, collective joy and well-being.

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