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**Student's Awareness and Perception of the Value of BIM  
and 4D for Site Health and Safety Management**

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# Student's Awareness and Perception of the Value of BIM and 4D for Site Health and Safety Management

## ABSTRACT

**Purpose:** The education sector is at the forefront of developing tomorrow's construction professionals. It is therefore important that with the current rate of change in the construction industry, education curriculum should be seen to be relevant. An area that is revolutionising the construction industry is the use of Building Information Modelling (BIM), including its potential for improving H&S on construction sites. This study focuses on the perception of higher education (HE) students on the potential impact of 4D modelling on the management of site health and safety on construction sites.

**Methodology:** Quasi-experimental approach was adopted in order to determine student's perception of the extent to which 4D modelling and simulation can impact H&S management. Pre-test and post-test students' perceptions of the value of 4D to management of health and safety were compared.

**Findings:** The influence of education was examined by using two main students groups, one group studying BIM modules within their course while the other group did not. Although minimal perception differences regarding key impacts of 4D were highlighted, the awareness differences were significant. The study demonstrated the perception of benefits regarding 4D for H&S being in the planning of site logistics, visualisation, programme accuracy and risk reduction. The study highlights the importance of relevant education, in order to increase awareness of 4D for Health and Safety.

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3 **Implications:** While most of the studies reported in academic literature on education  
4 and training related to university/tertiary education, this study focused on the higher  
5 education level students. It considered this as an equally important cohort as the  
6 graduates will also contribute to health and safety management on construction sites.  
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8 The study also demonstrated the value of including technology-based H&S training to  
9 mirror developments in the construction industry.  
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19 **Keywords:** BIM, 4D Simulation, Health and Safety, BIM Training  
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## 24 INTRODUCTION

25  
26 The education sector plays an important role in ensuring that the future workforce has the  
27 required skills and knowledge. Construction education is not an exception to this. One of the  
28 areas of continued concern for the construction industry has been its relative high health and  
29 safety incidences in comparison to many others. The construction industry has one of the  
30 highest rates of health and safety incidences. Recent technological developments have shown  
31 to provide opportunities for improved construction project management practices, including  
32 health and safety management. **BIM and its associated applications, has in particular been  
33 shown to provide opportunities for enhanced health and safety monitoring on construction  
34 projects (Raiz et al., 2017; Wan et al., 2018)**  
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49 As the industry develops and evolves its processes and technology, it is key that developments  
50 in education runs in parallel to allow a cohesion of theoretical understanding and practical  
51 experience. The educational structure for future industry professionals has been significantly  
52 developed in the UK in recent years concerning both academic and vocational knowledge and  
53 skills. This development includes the inclusion of higher apprenticeship routes, using standards  
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3 developed by industry involving various key units targeted at digital construction (IFA, 2018).  
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5 In the UK however, it has only been within recent years that BIM has become an available unit  
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7 of study within mainstream higher educational (HE) courses, introducing this as units within  
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10 2017 specifications.  
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15 In light of this incremental uptake and with consideration that students are the decision makers  
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17 of tomorrow, it would be vital that such processes and technologies are introduced during their  
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19 studies. This early exposure would allow BIM to become an integral part and an expectation  
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21 within construction from the beginning of their career and so encourage both a forward-  
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23 thinking mind-set (Eynon, 2016) and positive safety culture. Their perception and  
24  
25 understanding of the processes and technological capabilities is important to the future of the  
26  
27 industry. It is not surprising therefore to see different initiatives and approaches to integration  
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29 of BIM into curriculum. Several studies including, among others, Benner and McArthur  
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31 (2019), Redondo & Fonseca Escudero (2018) da Motta Gaspar, et. al. (2019) Abdirad &  
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33 Dossick, (2016) and Ghosh et. al. (2015) present examples of this integration.  
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40 While a significant number of studies have focused on technology for H&S in curriculum for  
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42 university degree qualifications, a few have focused on vocational or diploma level  
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44 qualifications. Schulte et al (2005) suggests that young people and new workers are particularly  
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46 susceptible to a high rate of occupational injuries or all groups. They therefore need appropriate  
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48 H&S knowledge and skills irrespective of their qualification levels. Berglund et. al. (2019) in  
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50 their study on occupational accidents in Swedish construction trades found that young adults  
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52 (age 16-24 years) had the highest number of accidents per 1000 employees while the rate was  
53  
54 significantly low numbers among the elderly workers above age 65 years. Similarly, Balanay  
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56 et al (2017) argued that young adults have a higher injury rate than adults in a similar job. They  
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3 assessed working college students' perception of H&S issues and concluded that, among other  
4 strategies, incorporation of health and safety in curriculum could help improve H&S  
5 performance.  
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12 This study contributes to the discourse and focuses on the perceptions of college students  
13 undertaking various construction related course, of the effectiveness of 4D modelling as a tool  
14 to improve H&S on construction sites. Recent changes to the curriculum at a college resulted  
15 in the introduction of dedicated BIM modules in the first and second year of their studies. This  
16 was seen as a platform for students to learn information management processes in line with UK  
17 government strategy and industry standards. This development introduced key processes in line  
18 with industry standards, methods and procedures and further educate students regarding BIM  
19 level 2 and digital technologies including 4D software. The purpose of this study was therefore  
20 to evaluate the awareness and perception of students of the extent to which 4D modelling and  
21 simulation would impact on the management of construction site H&S.  
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### 37 **EDUCATION AND TRAINING FOR HEALTH & SAFETY**

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40 The role of education and training in influencing improved H&S performance is acknowledged  
41 in literature. Goldenhar et al (2001) suggest that H&S training can be used to reduce the poor  
42 H&S record of the construction industry. Similarly, Mushayi et al (2017) argued that H&S  
43 training is essential to the promotion of positive H&S culture and climate in organisations,  
44 while Bahari (2013) considered safety training as an intervention antecedent to improved safety  
45 outcomes in organisations. Many others have demonstrated the role of H&S training in  
46 improving H&S performance of the construction industry. For example, Dong et al (2004)  
47 demonstrated that training is essential to preventing occupational injuries among construction  
48 labourers, Namian et al (2016) demonstrated the effect of training on hazard recognition, while  
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3 Bahn et al (2014) examined the impact of training on work-related injuries and found evidence  
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5 of decreasing trend in work related injuries. Becket et al (2004) also concluded that workers  
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7 were more willing to attempt to change worksite conditions following training than they were  
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9 prior to training.  
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14 It is therefore important that H&S be appropriately incorporated in education curriculum.  
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16 Considering the importance of H&S training, Gregory et al (2017) suggested that one of the  
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18 emphasis in H&S training should be placed on nurturing future H&S leaders. It can therefore  
19  
20 be argued that, students, who are the future leaders of the construction industry (Zulu and  
21  
22 Muleya, 2018), should be well informed of health and safety practices. Education curriculum  
23  
24 should be seen to be relevant to the advancement of H&S promotion in the construction  
25  
26 industry. Both further and higher education establishments are therefore challenged to include  
27  
28 H&S components in their curriculum. Gambatese (2003) argues that university curriculum for  
29  
30 construction related courses should include a focus on construction site safety, as their future  
31  
32 involvement will directly or indirectly impact on construction site safety. Pedro et al (2018)  
33  
34 argued that education courses should be used to deliver appropriate H&S skills to students who  
35  
36 will one day be decision makers regarding H&S in construction. It is essential that students are  
37  
38 equipped with the necessary H&S skills to take with them into industry. The importance of  
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40 H&S skills is also suggested by Ahmed et al (2014) who examined key skills required by  
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42 construction management graduates. They identified H&S as one of the top five most important  
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44 skills desired in a new employee in construction management. A number of studies have  
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46 therefore examined the integration of H&S in education curriculum. For example, Misnan et  
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48 al (2017) examined the integration of safety and health in engineering programmes curriculum  
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50 in Malaysia.  
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3 The need for graduates to have appropriate skills for industry practice is also acknowledged in  
4 literature. Zakaria (2017) posited that the education institutions are placed in a position to  
5 produce graduates with relevant skills for their host societies. There is then an expectation that  
6 education institutions will produce graduates who have the requisite skills. This is particularly  
7 important considering the evidence that having appropriate skills set has a positive impact on  
8 safety culture and performance (Zou et al (2013). This then places a need for academic  
9 curriculum to continuously improve to meet current workplace demands (Ahmed, 2014).

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12 Digital technologies are changing the landscape of the construction industry including safety  
13 management. It is essential that students graduate with the necessary digital skills necessary  
14 for management of the construction process including construction site safety management.  
15 Studies have examined at various digital technologies for health and safety training and  
16 management. For example, a number of studies have focused on the use of 3D gaming  
17 environments for construction safety education (Lin et al, 2011). Pedro and Park (2014) argued  
18 for a change in delivering H&S education at university level and suggested that VR based  
19 activities provide a suitable platform for students to have a 'virtual' hands-on learning of H&S  
20 matters.

## 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 **BIM AND HEALTH & SAFETY**

45  
46 Advances in BIM have provided a challenge for the construction industry to innovate. The BIM  
47 mandate, set in the government construction strategy 2011 required that centrally procured  
48 government projects should operate at BIM level 2 by the year 2016 (Cabinet Office, 2011,  
49 p.14). The government strategy provided impetus for the adoption of BIM in the UK  
50 construction industry. It is therefore not surprising to see, in literature, a focus on BIM and  
51 education as there is need to train graduates who have the requisite skills. For example Zhang  
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3 et al (2018) explored the use of team based learning to enhance BIM competence among civil  
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5 engineering and management students. Kolaric et al (2017) examined educational approaches  
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7 to BIM in construction management courses in Croatia, while, Acikgoz (2018) argued for the  
8  
9 need for curriculum to catch up with advances in BIM in Turkey. Xu et al (2018) points out  
10  
11 that, with advances in BIM technology, the traditional approaches to teaching does not reflect  
12  
13 the requirements of modern professionals. It is therefore important that education curriculum  
14  
15 should be re-focused to produce graduates who are BIM ready. One of the advantages of BIM  
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17 is that it provides a platform for simulation of projects and therefore enhancing the  
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19 understanding of the project by its stakeholders.  
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27 BIM provides a platform for structured information creation and management, which could be  
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29 key to reducing both project risk and wasteful processes, particularly on site where capital costs  
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31 of the project can be affected by poor information (Pittard & Sell, 2016). These processes are  
32  
33 defined within a suite of British Standard Institute (BSI) documents in order for the industry to  
34  
35 understand and implement BIM level 2 in the UK. The PAS1192-6:2018 standard focuses on  
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37 collaborative sharing and use of structured health and safety information, thus linking BIM  
38  
39 processes to safety management. PAS1192-6:2018 states that “Each participant shall adopt the  
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41 use of 3D or 4D construction sequencing model(s) to the support the development and  
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43 visualisation of safe methods of access and working” (BSI, 2018, p11). This inclusion within  
44  
45 the BIM level 2 framework brings the use of 4D under the spotlight as a tool within the process  
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47 to reduce safety risk.  
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54 4D modelling requires synchronizing the information model components with schedule  
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56 information, creating visual construction sequencing (Hardin & Mccool, 2015). The concept  
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58 and application of 4D allows the schedule information to be visualised, project team members  
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3 are able to assess logic and sequence of the proposed plan and ascertain if this is possible or  
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5 most effective. This can allow opportunities for alternative options to be explored (Carvajal,  
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7 2005) and to rehearse project activities prior to commencement in order to show how the plan  
8  
9 would play in a 'virtual world'. While BIM and 4D modelling promises added benefits to the  
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11 management of health and safety in construction, Chavin (2018) suggests that due to client  
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13 demands, the adoption of BIM level 2 has not grown as would be expected despite the  
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15 industries ambition to move to BIM level 2 (Waterhouse, 2018).  
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22 The use of 4D modelling and simulation should be a motivating feature for construction  
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24 education providers. Gledson and Dawson (2017) demonstrated how the use of simulation  
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26 through BIM-enabled virtual reality projects resulted in students enhanced subject-matter  
27  
28 understanding that would not have been the case if traditional teaching methods were used.  
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30 Similarly, Hu (2018) demonstrated how BIM enabled pedagogy (BEP) has a more effective  
31  
32 approach than traditional teaching methods. The quest for BIM-enabled education has led to  
33  
34 many scholars investigating approaches to integration of BIM in education (Sampaio, 2018;  
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36 Garyaeva, 2018; Huang, 2018; Ferandiz, 2018).  
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43 4D simulation is seen as a useful tool for improving the understanding of H&S issues. Similar  
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45 to studies that have demonstrated the effectiveness of gaming in H&S education, it is argued  
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47 that 4D simulation can be an effective classroom tool for education in general and H&S. For  
48  
49 example, Xie et al (2018) demonstrated how modelling and simulation on CAD platform could  
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51 be used to teach concepts and inform design decisions. Toole (2005) identified four sets of  
52  
53 barriers to improved H&S performance, among which was lack of understanding of  
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55 construction processes. It is important therefore, that tools that can help students and  
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57 professionals have a better understand of the construction process should be employed. Maraqa  
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(2016) acknowledges that there are two aspects to H&S on construction projects- construction site safety and design for safety. It is necessary that students should not just be made aware of the importance of the design related safety practices, but also factors that can contribute to site safety management on the construction site. Dawood et al (2015) demonstrated how the use of interactive games and 4D concepts could improve users' engagement and their ability to identify H&S hazards. Gao et al (2018) conducted a systematic review of literature and performed a gap analysis to compare the effectiveness of training techniques between traditional approaches and computer aided approaches. They concluded that there is evidence that computer aided methods were more effective in delivering the technical content of training.

#### **4D MODELLING AND CONSTRUCTION HEALTH AND SAFETY MANAGEMENT**

The current literature regarding the use of digital software and the processes for building information modelling in the construction industry has increased over recent years. Guo *et al.*, (2016) however suggests that there is an absence in literature for the critical review of technology, particularly visualization technology and the impact on health and safety management.

Key benefits of BIM are acknowledged in various literature, including clear visualisation of the project and sequencing (Mordue & Finch, 2014), project time reduction (Hardin & Mccool, 2015), improved communication (Sulankivi, 2010), logistic planning (Sulankivi, 2010; Mordue & Finch, 2014). Increased health and safety management (Saeedfar (2017), schedule progress and monitoring (Mordue & Finch, 2014), accuracy of scheduling and logic (Mordue & Finch, 2014) and waste reduction (Geldard, 2017; Barnes & Davis, 2014) are also key benefits.

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6 Working within BIM level 2, the importance of a collaborative working environment for  
7 accurate 4D scheduling in a virtual space is essential. Azhar *et al.*, (2012) suggested that that  
8 the development of a digital, virtually simulated environment, created by a collaborated team  
9 with virtual technology is to be a “revolutionary development” within the field of construction.  
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11 With further emphasis of the importance of such a vital tool, Barnes & Davis (2014) argue that  
12 4D enables an improvement in the planning and management of the construction phase.  
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14 Research by Kassem *et al.*, (2012) also supports this and suggests that 4D is becoming a key  
15 driver for change in the construction industry although there are barriers in its adoption.  
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26 In the field of construction project management, Mordue & Finch (2014) suggests that creating  
27 this synergy between BIM and health and safety has been seen as a movement forward. They  
28 note that there is value in its adoption and that BIM has been recognised and acknowledged by  
29 the Health and Safety Executive (HSE). Mordue & Finch (2014) also refer to the term “virtual  
30 design and construction” (VDC) as the use of enriched models as a resource to increase the  
31 accuracy of planning during the design and construction process. Their research is on BIM and  
32 health and safety management highlighted the use of 4D as an essential tool, specifically in the  
33 planning of health and safety during the pre-construction process. They also identified the  
34 incorporation of virtual reality within the 4D simulation involving further use of digital  
35 technology and providing a fully immersed environment for precise site planning. This method  
36 allows further interaction to identify hazards at any stage of the scheduled construction process,  
37 using this technology to enable more informed decisions to be made in design and pre-  
38 construction phases. The use of virtual reality for this purpose was also emphasised in the work  
39 of Hardin & Mccool (2015), stating that project simulation through a virtual environment is  
40 becoming a key method in understanding the projects concepts including site safety procedures.  
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3 Cousins (2016) also agrees and suggests that the use of 4D planning and simulation to rehearse  
4 activities at any point of the proposed build could be a key tool to allow accurate planning of  
5 safety. Cousins (2016) states:  
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10 *4D BIM enables us to digitally rehearse the installation and identify any hazard, or*  
11 *potential hazard, and try to mitigate it during pre-construction. There are a myriad of*  
12 *examples where logistics, access requirements, scaffolding etc. are fully integrated into*  
13 *one BIM construction model, which makes spotting hazards a lot easier compared to*  
14 *traditional 2D methods.*  
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24 The literature highlights the use of 4D modelling for health and safety management in design  
25 and pre-construction, however, the extent of the practical applications of the software at during  
26 the construction stages and how education could influence this adoption is not identified.  
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33 Zhou *et al.*, (2012) highlights the importance and interconnectivity between digitally designed  
34 processes and health and safety management to promote collaboration within the project in a  
35 ‘mindful manner’. In order to address safety concerns the study addresses various forms of  
36 technology and their applications in the industry, although suggesting that there are “various  
37 digital tools for addressing safety issues in the construction phase, but few tools to support  
38 design for construction safety”. A number of key benefits of 4D modelling in regards to for  
39 health and safety management. As the BSI (2018, pV) state in PAS1192-6:2018 a 4D animation  
40 can be used to review, assess and communicate construction options, hazards and risk. A 4D  
41 animation of difficult construction sequences is more easily understood by those who have to  
42 take responsibility and accountability of risk mitigation, control and management. The use of  
43 3D and 4D models in design supports the principles relating to an ‘inherently safer design’,  
44 ‘safety by design and the legislative duties on designers  
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6 According to Sulankivi (2010) the use for 4D should be a central focus in the management of  
7 site health and safety. For example, 4D BIM supporting software can be used to display site  
8 layout plans, which can be co-ordinated for health and safety risk analysis. The research,  
9 grounded by 'BIM safety' also highlighted the potential for challenges and limitations,  
10 demonstrating that the use of this process and technology can be used for communication  
11 between the project team including site level and to allow for accurate visualisation of site  
12 safety arrangements and control measures. Saeedfar (2017) discusses the further use of health  
13 and safety data within the model allowing, "Live safety tracking". The live data within the  
14 model for tracking objects, processes and operatives. The levels of dust and noise as well as  
15 high-congested areas can be captured and used as a method of monitoring using sensors and  
16 tag systems.  
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### 33 **BIM AND 4D WITHIN THE CURRICULUM**

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35 Shelbourn *et al.*, (2017) studied the students perception of the intergration of BIM into the  
36 undergraduate curriculum in the USA and UK, the study highlighted a debate as to if BIM  
37 should be a standalone unit or intergrated into the courses. The reasarch highlighted  
38 considerations in order for BIM to become inclusive within the HE curriculum including  
39 technical skills, teamworks and collaborative working. The study suggested that BIM provides  
40 an opportunity to further engage students and for students to have a deeper understanding into  
41 the construction methodology of buildings. Gordan *et al.*, (2009) suggested that the  
42 incorporation of BIM within the educational curriculum was essential, as these processes are  
43 quickly becoming the industry norm. Understanding these collaborative processes and  
44 technology was not only key to improve communication skills and technical knowledge but  
45 also increased the student's employability. These employability factors are due to industry  
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3 contractors beginning to adopt specialist processes such as 4D and 5D modelling. A view also  
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5 shared by Adbirad & Dossick (2016) who proposes that BIM within university curriculum is  
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7 essential due to industry demands and that the development of strategies for delivering BIM is  
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9 complex.  
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15 Research by Clevenger et al. (2010), identified that there are a number of methods in which  
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17 BIM can be incorporated into the curriculum, these include stand alone courses, updating  
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19 existing courses to embed BIM or both. Ghosh et al., (2013) highlighted that implementing BIM  
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21 within the curriculum is to be challenging due to time and student's knowledge retention. It  
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23 was suggested that delivering BIM as a standalone course can provide students with essential  
24  
25 knowledge and skills although without further integration into other courses or areas of the  
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27 curriculum, students found it difficult to retain these skills.  
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33 It can therefore be argued that the incorporation of BIM into the curriculum is essential to meet  
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35 industry needs and to increase overall knowledge of the construction process. The inclusion of  
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37 BIM as standalone units as well as imbedding within whole courses is suggested in order to  
38  
39 retain these skills and knowledge. Considering that BIM and 4D are seen to be enhance health  
40  
41 and safety management, it is essential that students, who are the decision makers of tomorrow,  
42  
43 should be made aware of this opportunity to improve health and safety performance in the  
44  
45 construction industry. It is against this background that this research was conducted.  
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## 50 51 **THE RESEARCH METHODOLOGY AND APPROACH**

52  
53 The quasi-experimental design involving a pre-test and post-test analysis of student perceptions  
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55 was adopted for this research. The pre-test and post-test approach has been widely used in  
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57 education research involving students including Rose et al., (2000), Bas, (2011) and van  
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3 Velthuijsen (2018). Quantitative data was collected from HE students studying level 4/5  
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5 qualifications in construction, civil engineering and building services in the form of  
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7 questionnaires and a quasi-experiment. This study was carried out in order to evaluate the  
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9 awareness, perceived benefits and value of 4D from the viewpoint of students working in  
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11 industry. As these students are to become future decision makers, their perception of this  
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13 process and technology is a key factor.  
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20 The study involved the use of two groups who studied levels 4&5 at the same institution, due  
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22 to the phase out of the 2010 course specification, both the 2010 and 2017 specification were  
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24 delivered concurrently. Both groups studied on a part time basis and worked in the construction  
25  
26 and infrastructure sector within various professional roles. A sample group of 82 part time HE  
27  
28 students referred to as the 'BIM groups' studied the level 4/5 course under the 2017 higher  
29  
30 national course specification including a level 4 BIM unit. The unit exposed these students to  
31  
32 key terms and benefits including 4D and processes within the PAS1192 suite of documents  
33  
34 involving specifics of PAS1192-6:2018. The second group were a control group of 26 part time  
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36 HE students, which are referred to as 'non-BIM groups'. This control group studied the 2010  
37  
38 higher national specification with identical attendance pattern to the 'BIM groups' but were  
39  
40 unable to undertake the BIM unit as the course was running using the older higher national  
41  
42 course specification. Due to not undertaking this unit the 'non-BIM groups' would not have  
43  
44 been explicitly exposed to these terms, documents, technology and processes during their  
45  
46 course. The questionnaires were designed to assess the student's awareness, adoption and  
47  
48 perception of BIM and 4D. A quasi-experiment was carried out to document if exposure to the  
49  
50 process and application of 4D would alter their perception of its impact on safety. The  
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52 perception of the students is an important factor, as their perception may influence the decisions  
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54 to adopt 4D in the current, next and future generations.  
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6 In quasi-experiments, participants are not randomly assigned (Bryman and Bell, 2007), but  
7 identified based on suitability for the research. The use of a control group was implemented in  
8 order to compare the results and identify any major bias, highlighting if further knowledge and  
9 formal training have an effect on this awareness and perception. The quasi-experiment  
10 approach (Bryman & Bell, 2007) focused on evaluating the students perception of 4D by  
11 gathering quantitative data using a pre-test and post-test design. This method was used to study  
12 participants perception before and after an intervention (Kowalczyk, 2018), and document any  
13 statistical difference. This design required both groups to answer a pre-test questionnaire to  
14 determine their awareness and initial perception of BIM and 4D and its impact on safety. The  
15 intervention was in the form of a demonstration, involving a discussion of a high profile case  
16 study including a visual simulation of the construction methodology, allowing participants to  
17 overview the software whilst understanding the key processes. An identical demonstration was  
18 shown to both groups within the classroom environment. The post-test questionnaire required  
19 the participants to assess the process and software in a number of key areas including specific  
20 health and safety planning factors. The data from the control group in the quasi-experiment  
21 could then be used to identify any major differences between the 'BIM groups' and 'non-BIM  
22 groups' and assess if the demonstration altered their perception and if specific subject education  
23 effected the awareness or perception.  
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## 49 ANALYSIS AND DATA FINDINGS

### 51 The sample

52 The primary objective of the study was to collect data to study the impact of education  
53 regarding the awareness and perception of BIM and 4D concerning health and safety  
54 management. Considering the nature of the experiment and ease of access to participants a high  
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3 response rate of 96% was achieved. This percentage could have been influenced by the personal  
4 conducting of the survey as Nulty (2008, p303) states "... face-to-face administration results  
5 in higher response rates".  
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10 Table 1 shows the courses of the students in the two groups, while table 2 and table 3 shows  
11 the mode of study and their job roles respectively. It is noted in table 2 that 100% of the students  
12 in both groups were part time and 99% working in influential positions in the construction  
13 industry.  
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21 *Table 1: Course studied at level 4/5*  
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26 *Table 2: Mode of study*  
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31 *Table 3: Participants' roles within industry*  
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36 The data shows a high percentage of participants in the 'BIM groups' studying building  
37 services engineering (41%) and construction (32%) with lower participants from civil  
38 engineering and quantity surveying courses. The results were mainly due to the specific units  
39 the disciplines study (as the BIM unit was not part of the 'non-BIM' group's course) and  
40 influenced by practical access to participants. The 'non-BIM groups' shows a contrast to this,  
41 with 0% of students within this control group being enrolled on building services engineering  
42 and QS courses and the group made up of construction and civil engineering students, this is  
43 due to their level 4/5 course specification not including the BIM as an available unit.  
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56 Both course specifications allow the students to study on either a part time or full time bases,  
57 the data in table 2 shows that 100% of the 'BIM groups' and 100% of the 'non-BIM groups'  
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3 where studying part time, meaning they also in employment within industry. The only data  
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5 used are from part time students in order to reduce variables in this study.  
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10 *Table 4: Awareness of BIM*  
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14 *Table 5: Adoption of BIM level 2*  
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### 19 **Awareness of BIM and adoption in their organisation** 20

21 Participants were asked to identify their awareness of BIM, as table 4 shows, students within  
22  
23 the 'BIM groups' recorded a 100% 'yes' response with the 'non-BIM groups' having an 85%  
24  
25 response. The students were also asked to state their company's current adoption of BIM level  
26  
27 2, table 5 indicates the 'BIM groups' and 'non-BIM groups' responses in regards this adoption.  
28  
29 The data shows that BIM adoption of less than 50% of projects for both the 'BIM groups' and  
30  
31 'non-BIM groups' ranked top. The awareness and understanding of BIM and level 2 adoption  
32  
33 is important to this study, the data indicates that education could have an impact on this  
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35 awareness. The awareness of BIM could also have impact of the understanding of PAS1192  
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37 standards and the use of BIM software including those with 4D capabilities.  
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44 *Table 6: Awareness of 4D modelling*  
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49 *Table 7: Company use of 4D modelling*  
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### 54 **Awareness and adoption of 4D modelling** 55

56 In order to document current adoption and use of 4D modelling, the participants were first  
57  
58 asked if they were aware of such processes and technology. Table 6 shows the responses to this  
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3 awareness. The 'BIM groups' who had received formal education in BIM responded with a  
4 high 'yes' at 87%, this may have been influenced by their recent formal exposure to such  
5 terminology, technology and processes. The data shows when same question was asked to the  
6 'non-BIM groups', the 'yes' response in this group was significantly lower at 38%.  
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14 Further to the awareness, data was gathered on the extent to which the organisations in which  
15 the students worked used 4D modelling. Table 7 shows, a minority of 34% of the 'BIM groups'  
16 participants were employed by companies using 4D software. The data indicates an even lower  
17 response of 15% given by those within the 'non-BIM groups' suggesting a low adoption within  
18 both sample groups.  
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### 26 27 28 **A Pre-test and post-test of perception of 4D**

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30 The initial stage involved students answering designed questions regarding their perception of  
31 the impact of 4D on managing various aspects including costs, scheduling and health and  
32 safety. Table 8 identifies these benefits and shows the students responses. Once this initial  
33 perception was assessed, a demonstration of 4D capabilities was presented to the both student  
34 groups.  
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45 *Table 8: Benefits of 4D modelling*  
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49 The rankings indicate a clear pattern from both groups, the visual benefits of the process being  
50 ranked as the highest and reduction of waste as the lowest benefit of 4D. Health and safety was  
51 however ranked differently in both groups although positioned in the middle – bottom ranking  
52 in both data sets. Other high scoring benefits been the accuracy of scheduling and  
53 communication, which link to key literature (Mordue & Finch, 2014). The data indicates a low  
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3 response in the reduction of waste and agreeing workflows. The data also indicates that industry  
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5 perception of the benefits is overall lower in all but one factor (communication).  
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### 10 **Impact on Health and Safety**

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12 The data shown in table 9 provides an overview of the initial perception of 4D used to reduce  
13  
14 health and safety risk and the perception of after the 4D software demonstration (pre-test and  
15  
16 post-test scores). The results from both groups indicate that there is a minor reduction in  
17  
18 perception after the demonstration in both groups. This minor reduction would suggest that the  
19  
20 intervention had minimal effect on the student's perception of 4D in regards to its impact on  
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22 health and safety.  
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28 *Table 9: Pre and post test results (perception of 4D as a tool for health and safety*  
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30 *management)*  
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36 When assessing the demonstration in specific regards to health and safety, the participants were  
37  
38 asked to rate the extent to which they agreed the software would increase the planning of site  
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40 safety. This data would be useful in assessing the capability of 4D in planning for specific site  
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42 hazards, which would assist in its effective control.  
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48 Table 10 identifies key planning areas, the data indicates a clear pattern and that site logistics  
49  
50 and plant movement were rated highest within the two groups. These areas were the areas  
51  
52 of most concerns within the industry feedback, questionnaires' and HSE current statistics  
53  
54 showing promise for the use of this software and process for these means. The data also shows  
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56 that all three groups rated planning for manual handle tasks the lowest, indicating that this  
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58 process would be less effective in this planning task.  
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*Table 10: Impact on planning for health & safety*

The findings presented above provides useful context of students perceptions of the value of 4D for site health and safety management. The data seems to suggest that while there were initial differences in the awareness of 4D from those studying BIM and those who are not, having further exposure to the software had no positive impact on students perception of its benefits for safety management. There is however, agreement among students of the potential benefits of 4D for health and safety in particular regards to its visualisation and planning of plant movement and site logistics.

## CONCLUSION

The purpose of this paper was to examine students' awareness and perception of the impact of 4D modelling and simulation on management of construction site health and safety. The importance of health and safety is widely acknowledged in practice and theory, therefore it is of paramount importance that the next generation of construction industry decision makers are aware of the innovative ways in which site health and safety can be managed. Due to the rapid increase of information management processes this link between BIM and health and safety is becoming defined within industry standards and practice. The data from this study showed the importance of education and training as a marked difference in awareness of BIM and 4D between the two groups was evident. Students who had studied BIM units demonstrated a higher awareness of both BIM and 4D than those in the control 'non-BIM' groups. The data indicated a low adoption in the industry from the participants surveyed, further supporting the suggestion that awareness of 4D is influenced by educational studies.

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3 The key impacts of 4D were identified including: visual, programme accuracy and project risk  
4 reduction benefits. These factors were consistent amongst students perceptions. While the  
5  
6 above points to the general perceptions, the data collected from in this study shows student  
7  
8 perception before and after exposure of 4D software in specific regards to safety. The quasi-  
9  
10 experiment identified minimal change before and after the intervention and unexpectedly  
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12 showed a reduction in their perception. This said, the data shows the 'BIM groups' perception  
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14 of 4D reducing safety risk being 3.21, while the 'non-BIM groups' was 3.62 from a possible 5  
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16 indicating an overall positive response to its benefits for safety management.  
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24 By analysing the data from this study shows the students perception of the key benefits of 4D  
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26 for health and safety being in the planning of site logistics and planning of site plant, each  
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28 ranking within the top two factors in both groups. Further, increased visualisation the project  
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30 and effective communication, have been highlighted as key advantages of 4D in this study. The  
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32 study indicates a positive perception of 4D from these future decision makers. The study also  
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34 suggests that education has an impact in the awareness of 4D, as demonstrated by the  
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36 differences between the two groups in the study.  
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42 **Based on the findings summarised above, it can be the study concludes that education and**  
43 **training can be a significant factor in influencing students' perceptions of awareness of both**  
44 **general BIM benefits and usefulness of 4D simulation to the overall management of health and**  
45 **safety on construction sites.** The study highlights the importance of the inclusion of BIM within  
46  
47 the education of professionals in the industry. If the industry is aiming to work in accordance  
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49 with PAS1192-6:2018 in incorporating 4D for safety within projects as the norm, the  
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51 educational curriculum must endeavour to keep up to date with industry progression in terms  
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53 of standards and practice. This is essential to ensure that students are equipped with the  
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3 knowledge of these advancements in both process and technology in order to make effective  
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5 judgements on this adoption.  
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### 10 **Limitation and future work**

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12 The study was based on sample from two groups, the 'BIM group' and the 'None BIM group'.  
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14 The sample size for the None BIM group was relatively small in comparison to the 'BIM group'  
15  
16 and therefore some of the statistical analysis could not be used. The data however provided a  
17  
18 useful basis for the comparison of the perceptions between the two groups. Furthermore, the  
19  
20 study was based on a cross sectional approach representing one cohort of students. Future  
21  
22 work would be useful, that would take a longitudinal approach to provide a comparison of the  
23  
24 perceptions of students in different cohorts. This would also enable collection of data from a  
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26 large sample size to enable use of further incisive inferential statistical research.  
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Journal of Engineering, Design and Technology

Table 1: Course studied at level 4/5

Course studying	BIM Groups (2017 Specification)		Non BIM Groups (2010 Specification)	
	Number of students	%	Number of students	%
HNC construction	26	32%	12	46%
HNC Civil Engineering	10	12%	14	54%
HNC Building Services engineering	34	41%	0	0%
HNC Quantity surveying	12	15%	0	0%
Total	82	100%	26	100%

Table 2: Mode of study

Mode of study	BIM Groups		Non BIM Groups	
	Number of students	Percentage	Number of students	Percentage
Full time	0	0%	0	0%
Part time	82	100%	26	100%
Total	82	100%	26	100%

Table 3: P1 participants' roles within industry

Participants role	BIM Group		Non BIM Group	
	Number of students	Percentage	Number of students	Percentage
Civil engineer	12	14.63%	9	34.62%
QS	16	19.51%	7	26.92%
M&E engineer	13	15.85%	0	0.00%
Estimator	3	3.66%	3	11.54%
Site manager	1	1.22%	3	11.54%
Buyer	1	1.22%	0	0.00%
Project manager	4	4.88%	1	3.85%
Designer	18	21.95%	3	11.54%
Other	13	15.85%	0	0.00%
Not working in industry	1	1.22%	0	0.00%
Total	82	100%	26	100.00%

Table 4: Awareness of BIM

Awareness of BIM	BIM Group		Non BIM Group	
	Number of students	%	Number of students	%
Yes	100	100%	22	85%
No	0	0%	4	15%
Total	82	100%	26	100%

Table 5: Adoption of BIM level 2

BIM adoption	BIM Group		Non BIM Group	
	Number of students	%	Number of students	%
Every project is BIM level 2	7	9%	1	4%
More than 50% of projects are BIM level 2	20	24%	7	27%
Less than 50% of projects BIM level 2	21	26%	10	38%
No projects are BIM level 2	20	24%	4	15%
don't know	14	17%	4	15%
Total	82	100%	26	100%

Table 6: Awareness of 4D modelling

Awareness of 4D modelling	BIM Group		Non BIM Group	
	Number of students	%	Number of students	%
Yes	71	87%	10	38%
No	11	13%	16	62%
Total	82	100%	26	100%

Table 7: Company use of 4D modelling

Company use of 4D modelling	BIM Group		Non BIM Group	
	Number of students	%	Number of students	%
Yes	28	34%	4	15%
No	51	62%	20	77%
Do not know	3	4%	2	8%
Total	82	100%	26	100%

Table 8: Benefits of 4D modelling

Benefit	BIM Group			Non BIM Group		
	Mean	SDev	Ranking	Mean	SDev	Ranking
Cost Management	3.59	1.02	6	3.69	0.73	6
Accuracy of schedule	4.00	0.85	2	4.23	0.81	2
Schedule monitoring	3.94	0.93	3	3.96	0.87	3
Agreeing workflow	3.52	1.04	7	3.38	0.80	8
H&S Management	3.21	1.05	8	3.62	0.94	7
Logistics management	3.80	1.00	4	3.73	0.87	5
Reduce waste	3.15	0.98	9	2.92	1.05	9
Communication	3.68	0.99	5	3.88	0.81	4
Visual	4.67	0.75	1	4.58	0.64	1

Table 9: Pre and post test results (perception of 4D as a tool for health and safety management)

	<b>BIM group</b>	<b>Non BIM group</b>
Initial perception	3.54	3.81
Perception after demonstration	3.21	3.62
<i>Difference</i>	<b>- 0.33</b>	<b>- 0.19</b>

Table 10: Impact on planning for health &amp; safety

<b>Variable</b>	<b>BIM Group</b>		<b>Non BIM Group</b>	
	<b>Mean</b>	<b>Ranking</b>	<b>Mean</b>	<b>Ranking</b>
Planning site logistics	3.89	2	4.12	1
Planning Work at Height	3.52	3	3.46	3
Planning plant locations and movement	4.00	1	3.77	2
Planning pedestrian segregation	3.49	4	3.04	4
Planning for Manual Handle tasks	2.62	6	2.42	6
Planning for tasks in Confined Spaces	2.63	5	2.88	5

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<b>Mode of study</b>	<b>BIM Groups</b>		<b>Non BIM Groups</b>	
	<b>Number of students</b>	<b>Percentage</b>	<b>Number of students</b>	<b>Percentage</b>
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Table 7: Company use of 4D modelling

	BIM Group	Non BIM Group



<b>Company use of 4D modelling</b>	<b>Number of students</b>	<b>%</b>	<b>Number of students</b>	<b>%</b>
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