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Love, J (2019) Too Much Information. [Show/Exhibition]

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Show/Exhibition (Supplemental Material)

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Too Much Information (2019).

My artworks are influenced by my current university research which references the National Autistic Societies public awareness campaign surrounding 'Too Much Information', sensory overload and autism.

'Within our living spaces, all of us are bombarded with an array of stimulating sensory inputs – sound, smell, touch, taste, movement – and a never-ending deluge of visual information. Many people manage to filter and cope, but people with autism encounter the world differently. Sensory difficulties can cause hyper-sensitivity (sense too much) or hypo-sensitivity (sense too little), or combinations of both. The environment becomes a confusing place when attempting to process "too much information". Unexpected changes cause anxieties, which are challenging to manage, and the level of stimuli can tip the balance, to cause sensory overload, sometimes misinterpreted as a tantrum.'

Extract taken from: <https://theconversation.com/how-autism-friendly-architecture-can-change-autistic-childrens-lives-120516>

The exhibition at The Mercer Art Gallery, runs from 12 October until 11 January 2020:
<https://friendsofthemercerartgallery.co.uk/mercer-art-gallery.php>