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SCHOOL OF HEALTH &  
COMMUNITY STUDIES

## **Supplementary file: Community champions rapid review - summary tables of included studies**

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Jane South<sup>2,1</sup>, Anne-Marie Bagnall<sup>1</sup>, Rebecca Jones<sup>1</sup>, Andrew Passey<sup>1</sup>, James Woodall<sup>1</sup>, Jude Stansfield<sup>2,1</sup>, Tom Mapplethorpe<sup>2</sup>, Rachel Gledhill<sup>3</sup>.

These tables present supplementary evidence in relation to Public Health England. *Community champions: A rapid scoping review of community champion approaches for the pandemic response and recovery*. 2021. London: Public Health England. [Online] GOV-924. Available at gov.uk: <https://www.gov.uk/government/publications/community-champion-approaches-rapid-scoping-review-of-evidence>

### Affiliations:

1. Centre for Health Promotion Research, Leeds Beckett University
2. Healthy Communities team, Health Improvement, Public Health England.
3. Knowledge and Library Services, Public Health England

For further information, please contact

Professor Jane South

Centre for Health Promotion Research

School of Health & Community Studies

City Campus

Leeds Beckett University

Email: [j.south@leedsbeckett.ac.uk](mailto:j.south@leedsbeckett.ac.uk)

**Table 1 Included studies RQs 1 & 2 – champion-type approaches in health emergencies and communicable disease control**

<b>Study</b>	<b>Study design</b>	<b>Study context</b>	<b>Population</b>	<b>Intervention/champion role</b>
Bedson et al. (2020) <sup>1</sup>	Retrospective analysis	Ebola response	Sierra Leone  All communities in 14 districts	Community Led Ebola Action (CLEA): large-scale intervention to support outbreak containment. Community mobilisers worked with communities to develop community action plans and monitoring and identify community champions (local influencers).
Duan et al. (2013) <sup>2</sup>	Controlled before and after study	HIV prevention	China  Men who have sex with men (MSM) in 2 cities	Popular opinion leader (POL) intervention to reduce HIV risk in MSM. POLs advocated risk reduction strategies in community venues and through websites.
Finlay et al. (2017) <sup>3</sup>	Cross-sectional survey.	Malaria control	Madagascar  All households in 19 districts	Community volunteers were recruited to visit households prior to and after the 2009 long lasting insecticidal nets (LLIN) distribution campaign (part of the National Malaria Control Strategy).
Health Communication Capacity Collaborative (2017) <sup>4</sup>	Mixed methods evaluation	Ebola response	Liberia  Whole population	Social mobilization pillar of the Incident Management System, Ebola response. Social mobilizer role included household and community communication, data gathering and reporting.
Hosek et al. (2015) <sup>5</sup>	Mixed methods evaluation	HIV prevention	US  Black young MSM in the House Ball community	A pilot HIV prevention intervention using a popular opinion leader (POL) model. POLs engaged peers in risk reduction conversations.
Jaganath et al. (2012) <sup>6</sup>	Description of training	HIV prevention	US  HIV high-risk populations, focus on African American and Latino communities.	Harnessing Online Peer Education (HOPE). POLs trained to use social media as means to promote HIV prevention to their peers.
Kajula et al. (2019) <sup>7</sup>	Cluster randomised controlled trial	Sexually transmitted infections (STI) and intimate partner violence prevention	Tanzania  Young men in social groups	Health Leader Intervention to prevent HIV/STI transmission and intimate partner violence. Camp Health Leaders promoted behaviours in 'camps' of young men
Ko et al. (2013) <sup>8</sup>	Repeated measures survey	HIV prevention	Taiwan  MSM - virtual community	Internet popular opinion leaders (iPOL) intervention. iPOLs disseminated HIV related information via social media and

				engaged in 2-way on line communications on risk reduction.
Li et al. (2016) <sup>9</sup>	Process evaluation & epidemiological study	Ebola response	Sierra Leone  Communities in six districts most affected by Ebola	Social mobilization with community engagement in the Ebola response. Community social mobilizer trainees were asked to spread prevention messages in their communities.
Libyan Red Crescent Society Benghazi Branch (2020) <sup>10</sup>	Programme description	COVID-19 prevention.	Libya  Whole community of the Benghazi area.	'Volunteer in every street' intervention to raise awareness of COVID-19 prevention measures. Volunteers delivered COVID-19 awareness information in neighbourhoods using simplified local language and dialect.
Maduka et al. (2017) <sup>11</sup>	Discussion paper	Ebola response	Nigeria  All population, Port Harcourt and parts of Lagos State	Community mobilizers undertook house-to-house interpersonal communication intervention in the containment of Ebola as part of Ebola response.
McMahon et al. (2017) <sup>12</sup>	Qualitative study	Ebola response	Sierra Leone  All communities from two districts	Perspectives of Health Management Committee members and community volunteers involved in Ebola response. Community volunteers facilitated communication between community and providers.
Mueller et al. (2020) <sup>13</sup>	Discussion paper	COVID-19 response	Nigeria  Two government areas, Lagos	Community-based COVID-19 contact tracing. Community mobilizers worked with a volunteer to carry out community active case searching by household.
Mulawa et al. (2018) <sup>14</sup>	Cluster randomised controlled trial	HIV/STI and intimate partner violence prevention	Tanzania  30 social networks in Dar es Salaam	Health leadership intervention to reduce STIs and intimate partner violence perpetration through peer-nominated health leaders in different positions in social networks.
NIMH (National Institute of Mental Health) Collaborative HIV/STD Prevention Trial Group (2010) <sup>15</sup>	Multi-country randomised controlled trial	HIV/sexually transmitted diseases (STD) prevention	China, India, Peru, Russia, and Zimbabwe (US led study)  Populations at risk of HIV/AIDS	Community Popular Opinion Leader HIV/STD Prevention and risk reduction intervention. Community POLs communicated messages on HIV/STD Prevention and risk reduction in natural conversations/settings.
Ongwae et al. (2017) <sup>16</sup>	Narrative review of policy documents	Polio response	Nigeria  Whole population, particularly children, in 6 states	Polio Eradication Initiative - dedicated mobile teams and polio volunteer community mobilizers programme to improve polio immunisation and primary health care in underserved communities.
Pettifor et al. (2015) <sup>17</sup>	Cluster randomized controlled trial	HIV prevention	South Africa	Community Mobilization Intervention around gender norms and reduction of HIV risk.

Also Pettifor 2018 <sup>18</sup>			18-35-year-old residents	Community mobilizers carried out community outreach and ran workshops on themes relating to gender and health.
Quinn (2020) <sup>19</sup>	Discussion paper	COVID-19 response	US  African American and Latinx Communities	1000 Hometown Heroes - POL intervention to reduce health inequalities associated with race/ethnicity in COVID. Social influencers and community leaders communicate messages about COVID prevention and mental health.
Rice et al. (2012) <sup>20</sup>	Process evaluation (sub-analysis from NIMH Trial)	HIV/STD prevention	China  Food markets and their vendors in one city	Community Popular Opinion Leader (CPOL) intervention on HIV/STD prevention, with focus on reducing associated stigma. Community POLs communicated HIV/STD prevention messages through natural conversations.
Shepherd and O'Caña (2013) <sup>21</sup>	Mixed methods evaluation	HIV prevention	US  MSM aged 18-70	Atlas HIV Prevention Program used empowerment approach in community. POLs engaged in outreach education and community events.
Siddique et al. (2016) <sup>22</sup>	Evidence review of primary and secondary data	Polio response	India  At risk families in 2 states.	SMNet - social mobilization network for eradication of polio by targeting resistance. Involved social/community mobilizers for outreach activities plus community influencers in community.
Skip et al. (2020) <sup>23</sup>	Retrospective analysis	Ebola response	Sierra Leone  Communities from 120 of the 153 chiefdoms	Community Led Ebola Action (CLEA). Community mobiliser and community champion roles. Both roles leading and supporting development of community action plans.
Theall et al. (2015) <sup>24</sup>	Before and after study (uncontrolled)	HIV prevention	US  Alcohol-using social networks, rural and semi-rural areas	Community Popular Opinion Leader (C-POL) role focusing on risk reduction in HIV risk behaviours and alcohol use risks through having natural conversations with peers.
Young et al. (2011) <sup>25</sup>	Randomised Controlled Trial (Sub-analysis from NIMH Trial).	HIV/STI prevention	Peru  Populations at risk of HIV/AIDS in social/street settings	Community Popular Opinion Leader HIV/STI Intervention with focus on reduction of stigma associated with HIV/AIDS. Community POLs communicated HIV prevention messages around risk reduction as part of their normal activities in neighbourhoods.

**Table 2: Included studies RQs 3 & 4 –UK community champion approaches**

Study	Study design	Study context	Population (UK)	Intervention/champion role
Anonymous (2015) <sup>26</sup>	Descriptive case study	Health Improvement	Whole population Thamesmead - London	Thamesmead Health Champions organised health improvement projects and engaged with the local community via meetings, events and social media.
Bagnall et al. (2015) <sup>27</sup>	Case studies - qualitative	Cancer awareness  Health improvement	Case study (i) – ethnic minority communities, West Midlands Case study (ii) - young people in 20 Well London areas	(i) Life is Precious - creative arts approach to engage ethnic minority communities to raise awareness of cancer. Community champions were part of legacy phase. (ii) Youth.com using Young Ambassadors to engage young people in the Well London programme areas.
Bennett & Perkins (2012) <sup>28</sup>	Mixed methods case study & process evaluation	Health improvement	Whole population Wigan	Workplace and community health champions promoted health literacy and improved health through providing information and influencing behaviour.
Brown & Porter (2016) <sup>29</sup>	Mixed method evaluation	Female Genital Mutilation (FGM) prevention	UK wide, communities affected by FGM	Tackling FGM Initiative working at local, regional, and national levels to strengthen community-based prevention. Community champions raised awareness and outreach to wider audiences.
Curno et al. (2012) <sup>30</sup>	Mixed methods evaluation	Cancer awareness	Ethnic minority communities Dudley, West Midlands.	Life is Precious - creative arts approach to engage ethnic minority ethnic communities to raise awareness of cancer. Community Health Champions provide support and encouragement to others in their communities.
Davies (2009) <sup>31</sup>	Policy report	Health improvement	Disadvantaged communities Yorkshire & the Humber	Altogether Better – regional community empowerment programme. Community Health Champions approach embedded within 16 locally delivered workplace and community projects, with a focus on mental health, physical activity, and healthy eating.
Ecorys UK with Centre for Social Gerontology, University of Keele (2013) <sup>32</sup>	Mixed methods evaluation	Health improvement	People over 50 years, England.  National Cascade programme targeted at-risk groups	Fit as a Fiddle aimed to address inequalities and empower older people. Wide variety of volunteer roles across 24 regional projects including delivering activities, marketing and promotion and buddying.
Envoy Partnership. (2018) <sup>33</sup>	Mixed methods evaluation and Social Return	Health improvement	Whole population Hammersmith & Fulham,	Community Champions based in 15 hubs across three London boroughs promoting the health and well-being of all residents.

	On Investment (SROI)		Kensington & Chelsea, and Westminster boroughs,	Champions role included signposting, advocacy, awareness raising, participation in events.
Hatamian et al. (2012) <sup>34</sup>	Mixed methods evaluation	Social isolation prevention  Health improvement	People approaching and post retirement  30 areas in England.	Active at 60 Community Agents strengthened social engagement with people pre and post retirement, including those at risk of social isolation. Community agents promoted and organised activities and supported participation.
HeadSmart: Be Brain Tumour Aware (2016) <sup>35</sup>	Mixed methods evaluation	Brain tumour in children awareness	Children and families; health practitioners UK wide	HeadSmart: Be Brain Tumour Aware health education campaign targeted at public and professionals. Network of community champions raised awareness and distributed symptom checklists in community settings.
Local Government Association and Volunteering Matters (2017) <sup>36</sup>	Practice-based case study	Health improvement	Targeted at 30% most deprived areas in Durham, and at groups with specific health needs	Durham Wellbeing for Life - integrated health and wellbeing service providing individual, group, family and community-led interventions. Community Health Champions support community group activities.
Lwembe (2011) <sup>37</sup>	Mixed methods evaluation	Health improvement	Residents of a London borough	Well London Delivery Team White City Health Champions – a community outreach and engagement project to improve health and wellbeing. Health Champions carried out community engagement, signposting and providing feedback to local services.
Mantovani et al. (2014) <sup>38</sup> Also Mantovani et al. (2017) <sup>39</sup>	Qualitative participatory action research	Mental health and wellbeing promotion	Ethnic minority community Wandsworth, London	Community Wellbeing Champions part of a community engagement approach based in faith settings aiming to reduce health inequalities around mental health. Following training, champions used social networks to promote awareness of mental health and wellbeing and signpost to services.
MiFriendly Cities (2019) <sup>40</sup>	Mixed methods evaluation	Health improvement	Refugees, migrants and asylum seekers in three cities in the West Midlands	As part of Mi(grant) Friendly Cities partnership, Community Health Champions communicated health messages in social networks and supported events to improve access to services for migrants, refugees and asylum seekers.
Mudyarabikwa et al. (2020) <sup>41</sup>	Qualitative evaluation	Public Health Knowledge and Skills training	Refugees, migrants and asylum seekers in three cities in the West Midlands.	Public Health Knowledge and Skills curriculum for Refugee & Migrant Community Health Champions. Developing skills and knowledge of champions to enable them to promote health in

				their communities and increase service utilisation.
National Institute for Health and Care Excellence (2013) <sup>42</sup>	Practice-based case study & SROI	Health improvement	Disadvantaged communities in Sheffield	Empowerment approach to support behaviour change and widen access employment opportunities. Health Champions provided peer support and organised community activities.
Naylor and Wellings (2019) <sup>43</sup>	Case study (mixed methods)	Health improvement	General population, Wigan	Wigan Deal – champions one strand of a transformation asset-based approach to invest in prevention and address health inequalities. Range of champion roles linked to community activities including: Community Health Champion, Cancer Champions, Heart Champions, Parent Champions, Young Health Champions.
Reece & Flint (2012) <sup>44</sup>	Mixed method evaluation	Evaluating impact of community health champions	Volunteers and host organisations, Sheffield	Community Health Champions evaluation tool development to measure impact on secondary beneficiaries. Champion role included building social support, confidence and empowerment.
Robinson & Brownnett (2018) <sup>45</sup>	Mixed methods evaluation	Educating public health champions	Wider public health workforce	Course to develop wider public health workforce aimed at individuals who self-identify as public health champions. University setting but with peer learning in community-based workplaces.
Royal Society for Public Health (2014) <sup>46</sup>	Evidence review	Health improvement	Various populations eg. older people, young people and residents living in deprived areas	A summary of evidence of Health Champions in the public health workforce. Multiple examples from several programmes including UK based Altogether Better, Well London, Fit as a Fiddle, and Youth Health Champions.
South et al. (2017) <sup>47</sup>	Qualitative evaluation	Neighbourhood asset mapping	Residents of disadvantaged neighbourhood, Sheffield	'I am My Community', an asset mapping of two neighbourhoods using trained Community Health Champions to undertake asset mapping.
Turner & McNeish (2013) <sup>48</sup>	Qualitative case study synthesis	Health improvement	Direct beneficiaries of Altogether Better programme and projects, Yorkshire & Humber	Altogether Better programme and associated projects. Community Health Champions involved in supporting and organising a range of community health improvement activities.



Ure et al. (2020) <sup>49</sup>	Descriptive case study	Alcohol harm reduction	Selected communities, Greater Manchester	Communities in Charge of Alcohol (CICA) engaged communities in action to reduce alcohol harm and trained local volunteers as Alcohol Health Champions (AHCs). AHCs undertook a range of roles including awareness raising, health assessments, and advocacy.
Warwick-Booth et al. (2012) <sup>50</sup> Also Warwick-Booth et al. (2013) <sup>51</sup>	Mixed method evaluation	Health improvement	Disadvantaged communities, Sunderland	Sunderland Health Champions programme aimed to improve the health of disadvantaged communities using a social movement approach in workplace and community settings. Health champions trained, then use their social networks to promote health or deliver brief interventions.
White & Woodward (2013) <sup>52</sup>	Qualitative evaluation	Health improvement	Various target populations Lincolnshire	Developing volunteers in 11 voluntary organisations working to improve physical and mental health. Champions in a wide range of health roles including promoting services, running activities, peer support and raising awareness.
White et al. (2010) <sup>53</sup> Also Woodall et al. (2013) <sup>54</sup>	Qualitative evaluation	Health improvement	Disadvantaged communities Yorkshire & Humber region	Altogether Better - regional empowerment programme focused on physical activity, healthy eating and mental health and wellbeing. Community Health Champions central to delivery of programme; roles included communication through natural conversations, peer support and leading community activities.
Women's Aid (2018) <sup>55</sup>	Mixed methods evaluation	Domestic abuse awareness	Women survivors of domestic abuse	'Change that Lasts' project built capacity to respond to reports of domestic abuse through community, trusted professional and expert support. Community ambassadors were trained to raise awareness, signpost and challenge negative gender stereotypes.
Yusuf et al. (2015) <sup>56</sup>	Mixed methods evaluation	Child oral health promotion	3-7-year-old children (and families) in a deprived area of London	'Keep Smiling'- pilot oral health promotion intervention to tackle high-level of dental caries in young children. Health Champions supported programme delivery in schools and engaged parents.

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