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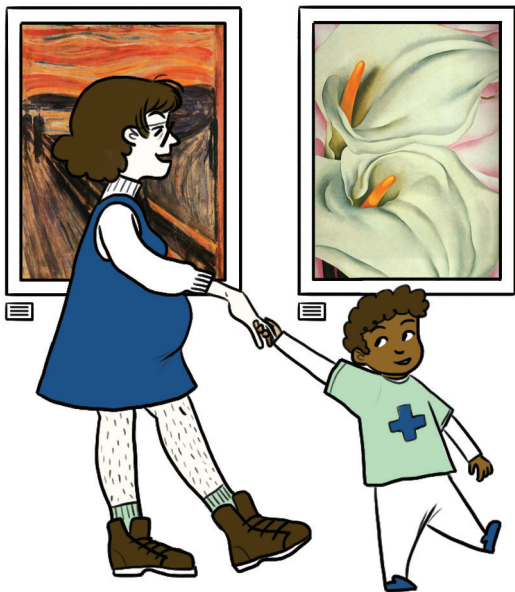
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## Action

# Go Backwards

Walk carefully backwards through the art gallery – maybe in pairs.

Does anything feel or look different?



## Action

# Make Music

Bring an instrument to the gallery:  
guitar, flute, your voice...

Make a song inspired by the art.  
Ask people around you for help!



## Action

# Describe

Meet a friend at the gallery, take turns describing the art to each other.

If you're alone, describe it to yourself.

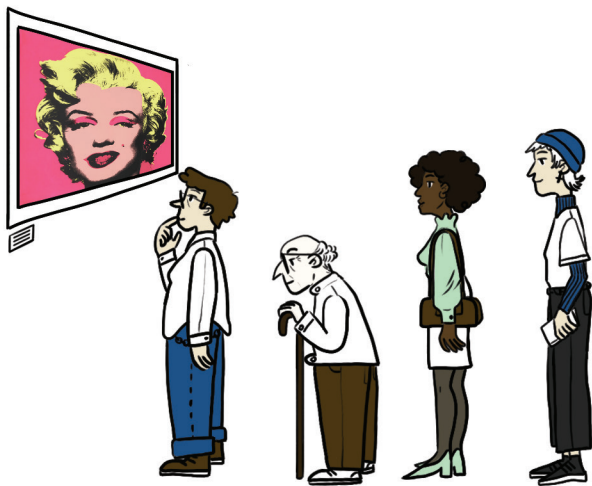


## Action

# Queue

Form a queue in front of a piece of art and wait your turn to have a look.  
When everyone has had a turn, move on to the next piece.

Tip: stroking your chin or tilting your head can sometimes help.



## Action

# Sleep It Off

Lie down and have a sleep in front of a particularly soothing piece of art.

You could use your coat or jumper as a pillow, and maybe take a blanket too?



## Action

# Playlist

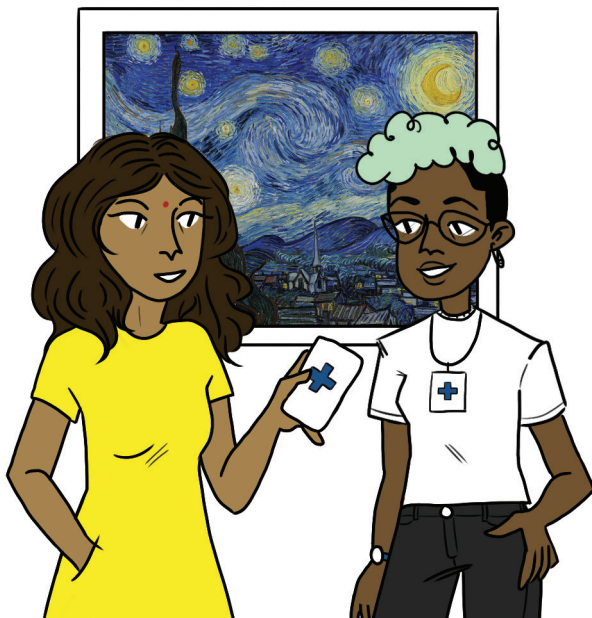
Create a soundtrack to your gallery experience. Get your headphones on and immerse yourself in an audio-visual experience. You could even indulge in a bit of silent-disco dancing if you like...



## Action

# Art Doctor Card

Show this Art Doctor card to a gallery assistant. Do you have any questions? Ask them to tell you what they think about the artwork.





## Activity

# Make an Art Pipe

Draw, cut out and make an Art Pipe.  
Puff on it while you look at the art.  
Now you're an Art Professor!

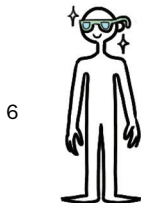
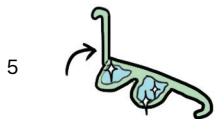
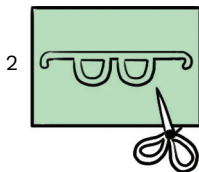


## Activity

# Make Art Spectacles

Make some special spectacles to view the art better.

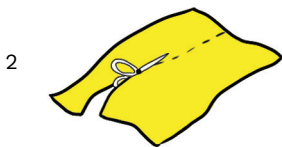
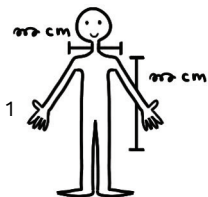
Maybe they have coloured lenses, or make the world all blurry?



## Activity

# Make a Cape

Make a cape and decorate it. Add an art-power slogan if you like. Take it with you and wear it in the gallery. Feel art-powerful!



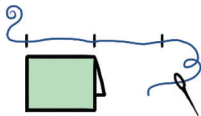
## Activity

# Make a Journal

Stick, write and draw from a visit to a gallery: maybe things you see around you, pictures of art you like, or what you thought about?



start with 2 or more pages, and punch 3 holes down the fold.



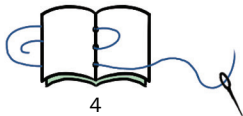
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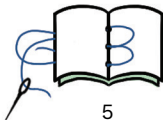
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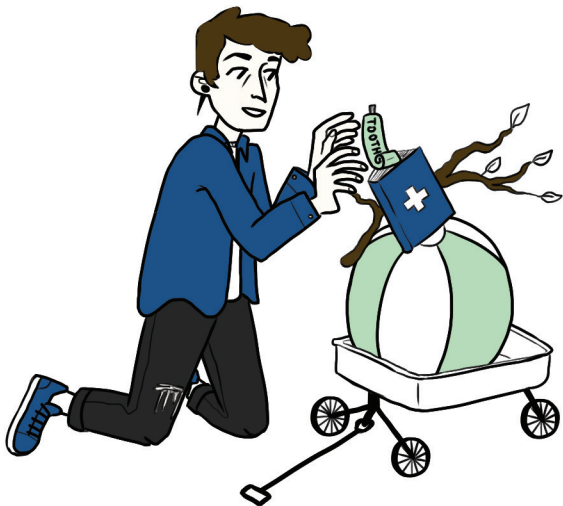
6



## Activity

# Make a Sculpture

After your gallery visit, make a sculpture based on what you saw. Use bits and bobs in your house or from around your neighbourhood.



## Activity

# Write a Story

Choose a piece of art. What's the story behind the picture? Write one down, or tell it to someone.



## Activity

# Show Your Work

Place some of your own art, or something from your pocket or bag, in the gallery and photograph it. Now you're exhibiting there too!



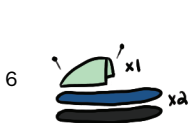
## Activity

# Make Slippers

Make yourself some comfy felt slippers to wear in the gallery.

Do you feel more at home?

Does wearing them change anything?





## Questions

**Take these questions with you. They might help you experience the art differently.**

Would I live with this in my house?  
(If so, which room?)

Maybe just looking is enough?

How does this make me feel?

But what does it mean?

Why don't I love this?

Why do I love this?

Could I make that?

Is this exciting?

Is this fun?

Any response is valid...

