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Welcome to TSES Spring '23!

Dr Adam Gledhill FBASES introduces issue 75 of The Sport and Exercise Scientist

It is the first issue of The Sport and Exercise Scientist in 2023 and this year marks a year of celebration for the British Association of Sport and Exercise Sciences as we mark our 30<sup>th</sup> Anniversary. In TSES throughout this year, we'll be celebrating this historic milestone in our organisation's history and planning is already in place for a special 30<sup>th</sup> anniversary issue to close out 2023. With emphasis on celebration and evolution, TSES will hopefully provide further opportunities for the breadth and depth of our members, friends, and colleagues from around the World to contribute to our flagship publication during this special year.

### Celebration

In keeping first with the notion of celebration, I am happy once again to include some varied contributions to this issue of TSES. We should take this opportunity to congratulate the 2022 International Travel Grant recipient, Dr Sofie Kent, for being successful in her grant application and representing BASES at the Association for Applied Sport Psychology Conference in late 2022. As part of this award, Sofie and colleagues were invited to contribute to this issue of TSES and have provided an enlightening article on the experiences of elite male football coaches during the COVID-19 pandemic. We are also fortunate to use this issue of TSES to celebrate one of our new Special Interest Groups, the BASES Occupational Performance Special Interest Group (OPSIG). Dr Nicky Armstrong, Chair of OPSIG, and colleagues have contributed excellent insight into the role of sport and exercise science in different contexts of occupational performance. As well as celebrating the launch of OPSIG, this article also provides an excellent opportunity for people interested in some of the more non-traditional, lesser represented, and extremely important applications of sport and exercise science. It is also with great pleasure that we have been able to welcome Professor Andreas Ivarsson, Scientific Advisor to the Swedish Soccer Association, Swedish Ice Hockey Association, and Research Fellow at Arsenal FC, who has kindly contributed the real-world feature to the issue. Andreas shares his insight into being a scientist-practitioner within international sport and how to thrive in large sports organisations. Whether you are reading for our regular features, the BASES Expert Statement, or our guest contributions, I hope that you all enjoy this issue of TSES.

### Evolution

Naturally, when any milestone comes around, we can turn our attention to how we might want to ensure we can continue and further our successes, best meet the needs of our members and where we might want to find ourselves in future years. These considerations lend themselves well to the second point of this editorial: the point of evolution. Any of you who have read my editorials since I so proudly commenced this role will be familiar with how often I'll ask questions of myself, our organisation, and our members. One question that has come my way formally and informally from our members since I was appointed to the role of TSES Editor is about what our flagship publication will look like moving forward. Those of you who completed the BASES member survey will remember that we asked a question about this as part of that survey. We recognise that TSES in its current form is one of BASES' largest contributors to our carbon emissions, something that is a front and centre consideration with our pledge to net zero. We also

recognise that many people would now also like to access TSES in different ways. For many people, the notion of a magazine that we pick up and read on the bus, the train or during the coffee break doesn't exist in the same form as it once did. Many members have been in touch about different opportunities to make access TSES via different devices more readily, and in a more interactive way. People have discussed having searchable, interactive magazines that can have embedded podcasts, videos, and social media channels. And some people have said that they would still like a glossy magazine that they can pick up for a 10-minute quick article read. Collectively, all these points lead us to a point where we would like to have some wider consultation with you all regarding what you would like TSES to look like moving forward; after all, TSES is your publication produced by your organisation, for you.

As part of the decision-making processes regarding TSES moving forward, we would like the support of you – our BASES family – in determining where TSES goes from here. We have designed a short, anonymous, three-question survey that we will then use to inform discussions, planning and decisions moving forward. There are two ways you can access this short survey; the first is via [The Sport and Exercise Scientist Survey](#) or second by scanning the QR code. We would really appreciate all views that you have.

But that's enough about the future! For now, I hope you enjoy the read!

Adam